

# Protokoll

Bezirks- und Bezirksjahrgangsmeisterschaften 2025 -Lange Strecke-  
am 25.01.2025

Veranstalter: Bezirksschwimmverband Lüneburg e.V.  
Ausrichter: SC Lüchow 1861 e.V.

## Wettkampfbecken

5 Bahnen á 25m  
Wellenkiller-Leinen  
Wassertemperatur ca. 26°C  
Handzeitnahme

## Schwimmbad-Adresse

LüBad  
Plater Weg 7  
29439 Lüchow



**Anzahl Meldungen**

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

**Landesschwimmverband Niedersachsen (LSV-Nr.: 9)**

Verein	DSV-Id	Teilnehmer	Abs.1	Abs.2	Gesamt
ATS Cuxhaven	0	6/ 7	12/ 0	8/ 0	20/ 0
Blau-Weiss Buchholz	3673	0/ 1	1/ 0	1/ 0	2/ 0
Delphin Schneverdingen S-T-R e.V.	3687	1/ 0	1/ 0	0/ 0	1/ 0
MTV Dannenberg 1863	3724	7/ 7	10/ 0	8/ 0	18/ 0
MTV Treubund Lüneburg 1848	3736	4/ 2	3/ 0	3/ 0	6/ 0
SC Lüchow 1861	3969	0/ 2	4/ 0	0/ 0	4/ 0
Schwimm-Club Seevetal	5064	14/ 5	16/ 0	19/ 0	35/ 0
Schwimmfreunde Meckelfeld	3786	1/ 0	0/ 0	1/ 0	1/ 0
SG Wiste	3820	13/ 3	15/ 0	9/ 0	24/ 0
Stader Schwimmverein	3835	1/ 0	1/ 0	2/ 0	3/ 0
TSV Achim 1860	3907	7/ 1	3/ 0	6/ 0	9/ 0
TSV Adendorf 1923	5907	4/ 8	11/ 0	8/ 0	19/ 0
TSV Otterndorf	3933	1/ 1	3/ 0	2/ 0	5/ 0
TSV Wietze	3946	4/ 3	6/ 0	8/ 0	14/ 0
TuS Rotenburg 1861	3972	2/ 1	3/ 0	5/ 0	8/ 0
TV Jahn Schneverdingen	5749	3/ 0	2/ 0	2/ 0	4/ 0
TVV Neu Wulmstorf von 1920 e.V.	4002	1/ 1	2/ 0	0/ 0	2/ 0
<b>Gesamt für den Verband</b>		<b>69/ 42</b>	<b>93/ 0</b>	<b>82/ 0</b>	<b>175/ 0</b>

**Abschnitt 1 - Samstag 25.01.2025**

Einlass: 09:00 Uhr | Einschwimmen: 09:00 Uhr | Kampfrichtersitzung: 09:30 Uhr  
 Beginn: 10:00 Uhr

**Kampfgericht Abschnitt 1**

Position	Name	Verein
Schiedsrichter	Jörg Bürger	BSLG
Schiedsrichter	Stefan Sill	BSLG
Starter	Frank Kornell	BSLG
Starter	Hannah Ehlers	ATS Cuxhaven
Schwimmrichter 1	Jasmin Fischer	MTV Dannenberg 1863
Schwimmrichter 1 (in Ausbildung)	Pia Bannöhr	MTV Dannenberg 1863
Schwimmrichter 2	Ragna Petersen	SG Wiste
Schwimmrichter 2 (in Ausbildung)	Carmen Cohrs	TV Jahn Schneverdingen
Sprecher	Gero Schilling	MTV Dannenberg 1863
Auswerter	Benno Bürger	BSLG
Auswerter 2 (in Ausbildung)	Riekge Lauf	Schwimm-Club Seevetal
Protokollführer	Dirk Schultz	SC Lüchow 1861

**Zielgericht**

Position	Name	Verein
Zielrichter 1	Katrin Jessen	Schwimm-Club Seevetal
Zielrichter 2	Manuela Sterz	TSV Wietze
Zielrichter 3	Saskia Segler	BSLG
Zielrichter 4	Helge Gust	SG Wiste
Zielrichter 5	Stefan Kroek	SC Lüchow 1861

**Zeitgericht 1**

Position	Name	Verein
Zeitnehmer-Obmann	Daniel Cohrs	TV Jahn Schneverdingen
Zeitnehmer Bahn 1 (in Ausbildung)	Lazar Schomburg	ATS Cuxhaven
Zeitnehmer Bahn 2	Ronny Gärtner	SC Lüchow 1861
Zeitnehmer Bahn 3	Lars Herrmann	MTV Treubund Lüneburg 1848
Zeitnehmer Bahn 4	Michael Pinnow	Schwimm-Club Seevetal
Zeitnehmer Bahn 5	Luise Rowedder	TSV Adendorf 1923
Reserve-Zeitnehmer	Jens Viereck	TSV Adendorf 1923

**Zeitgericht 2**

Position	Name	Verein
Zeitnehmer-Obmann	Frank Wölper	SG Wiste
Zeitnehmer Bahn 1	Christina Ehlers	Stader Schwimmverein
Zeitnehmer Bahn 2	Doreen Kalina	TV Jahn Schneverdingen
Zeitnehmer Bahn 3	Matthias Rampmeier	TSV Adendorf 1923
Zeitnehmer Bahn 4	da Silva Ruela Liliana	TSV Otterndorf
Zeitnehmer Bahn 5 (in Ausbildung)	Katharina Geberding	TSV Wietze
Reserve-Zeitnehmer	Brigitta Spillner	TuS Rotenburg 1861

**Wendegericht**

Position	Name	Verein
Wenderichter-Obmann (in Ausbildung)	Tim Lange	ATS Cuxhaven
Wenderichter Bahn 1 & 2	Kristina Steep	TSV Wietze
Wenderichter Bahn 3	Übernahme durch WRO	ATS Cuxhaven
Wenderichter Bahn 4 & 5 (in Ausbildung)	Tamara Kiesewalter	SC Lüchow 1861

**Wettkampffolge für Abschnitt 1**

Wettkampf 1 - 400m Lagen männlich

Wettkampf 2 - 800m Freistil weiblich

Wettkampf 3 - 800m Freistil männlich

Wettkampf 4 - 400m Freistil männlich

**Wettkampf 1 - 400m Lagen männlich****Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Freerk Lauf	2014	Schwimm-Club Seevetal	06:22,04	232
	100m: 01:36,10 (01:36,10)   200m: 03:10,56 (01:34,46)   300m: 04:57,30 (01:46,74) 400m: 06:22,04 (01:24,74)				

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Benedict Menk	2013	Schwimm-Club Seevetal	06:55,70	180
	100m: 01:43,17 (01:43,17)   200m: 03:31,20 (01:48,03)   300m: 05:25,90 (01:54,70) 400m: 06:55,70 (01:29,80)				
2.	Finn Reymers	2013	ATS Cuxhaven	07:00,78	173
	100m: 01:44,00 (01:44,00)   200m: 03:35,74 (01:51,74)   300m: 05:30,73 (01:54,99) 400m: 07:00,78 (01:30,05)				
3.	Tobias Segler	2013	TVV Neu Wulmstorf von 1920 e.V.	08:18,26	104
	100m: 01:57,08 (01:57,08)   200m: 04:02,62 (02:05,54)   300m: 06:32,06 (02:29,44) 400m: 08:18,26 (01:46,20)				
	<u>disqualifiziert</u>				
	Mortasa Ahmadi	2013	ATS Cuxhaven		
	<i>Der Schwimmer hat die Rücklage nicht auf dem Rücken beendet</i> Uhrzeit der Bekanntgabe: 10:26				

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Karl Gärtner	2012	SC Lüchow 1861	06:43,28	197
	100m: 01:38,42 (01:38,42)   200m: 03:24,33 (01:45,91)   300m: 05:14,83 (01:50,50) 400m: 06:43,28 (01:28,45)				
2.	Marik Fraas	2012	TSV Adendorf 1923	06:59,03	175
	100m: 01:45,10 (01:45,10)   200m: 03:31,96 (01:46,86)   300m: 05:32,02 (02:00,06) 400m: 06:59,03 (01:27,01)				
	<u>disqualifiziert</u>				
	Trutz Brand	2012	Schwimm-Club Seevetal		
	<i>Der Schwimmer hat nicht 4 gleich lange Teilstrecken geschwommen</i> Uhrzeit der Bekanntgabe: 10:44				
	Ben Gerecke	2012	TSV Wietze		
	<i>Der Schwimmer führte mehrere Brustbeinschläge auf der letzten Bahn der Delfinstrecke aus</i> Uhrzeit der Bekanntgabe: 10:25				

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Jannik Fraas	2010	TSV Adendorf 1923	05:30,34	359
	100m: 01:15,32 (01:15,32)   200m: 02:41,86 (01:26,54)   300m: 04:19,39 (01:37,53) 400m: 05:30,34 (01:10,95)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
2.	Theo Janssen Lozano <i>100m: 01:13,30 (01:13,30)   200m: 02:44,20 (01:30,90)   300m: 04:15,17 (01:30,97) 400m: 05:30,34 (01:15,17)</i>	2010	TSV Achim 1860	05:30,34	359
3.	Simon Rampmeier <i>100m: 01:25,51 (01:25,51)   200m: 02:55,80 (01:30,29)   300m: 04:46,30 (01:50,50) 400m: 06:21,42 (01:35,12)</i>	2010	TSV Adendorf 1923	06:21,42	233
4.	Erik Nemitz <i>100m: 01:33,59 (01:33,59)   200m: 03:02,53 (01:28,94)   300m: 04:58,81 (01:56,28) 400m: 06:24,94 (01:26,13)</i>	2010	TSV Wietze	06:24,94	226
5.	Felix Koletzke <i>100m: 01:42,27 (01:42,27)   200m: 03:18,61 (01:36,34)   300m: 05:17,29 (01:58,68) 400m: 06:50,99 (01:33,70)</i>	2010	SC Lüchow 1861	06:50,99	186
	<u>disqualifiziert</u> Jonathan Lee Schwimmer hat bei der Rückteilstrecke nach dem Drehen in Bauchlage die Wende nicht unverzüglich eingeleitet Uhrzeit der Bekanntgabe: 10:41	2010	Schwimm-Club Seevetal		
	<u>abgemeldet</u> Till Gerhard	2010	TSV Wietze		

## Jahrgang 2009

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Jan Peter Strauß <i>100m: 01:28,75 (01:28,75)   200m: 03:05,75 (01:37,00)   300m: 05:01,96 (01:56,21) 400m: 06:36,46 (01:34,50)</i>	2009	SG Wiste	06:36,46	207
	<u>abgemeldet</u> Felix Schwarz	2009	MTV Dannenberg 1863		

## Junioren

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeister Junioren	Erik Steep <i>100m: 01:12,06 (01:12,06)   200m: 02:32,54 (01:20,48)   400m: 05:15,32 (02:42,78)</i>	2006	TSV Adendorf 1923	05:15,32	412
2.	Bogdan Kopytsia <i>100m: 01:12,56 (01:12,56)   200m: 02:37,84 (01:25,28)   300m: 04:08,09 (01:30,25) 400m: 05:22,53 (01:14,44)</i>	2007	TuS Rotenburg 1861	05:22,53	385

## Offen Wertung

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeister	Erik Steep <i>100m: 01:12,06 (01:12,06)   200m: 02:32,54 (01:20,48)   400m: 05:15,32 (02:42,78)</i>	2006	TSV Adendorf 1923	05:15,32	412
2.	Bogdan Kopytsia <i>100m: 01:12,56 (01:12,56)   200m: 02:37,84 (01:25,28)   300m: 04:08,09 (01:30,25) 400m: 05:22,53 (01:14,44)</i>	2007	TuS Rotenburg 1861	05:22,53	385
3.	Jannik Fraas <i>100m: 01:15,32 (01:15,32)   200m: 02:41,86 (01:26,54)   300m: 04:19,39 (01:37,53) 400m: 05:30,34 (01:10,95)</i>	2010	TSV Adendorf 1923	05:30,34	359
4.	Theo Janssen Lozano <i>100m: 01:13,30 (01:13,30)   200m: 02:44,20 (01:30,90)   300m: 04:15,17 (01:30,97) 400m: 05:30,34 (01:15,17)</i>	2010	TSV Achim 1860	05:30,34	359
5.	Max Joel Thurmann <i>100m: 01:13,39 (01:13,39)   200m: 02:40,43 (01:27,04)   300m: 04:18,29 (01:37,86) 400m: 05:36,91 (01:18,62)</i>	2004	MTV Dannenberg 1863	05:36,91	338

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
6.	Simon Rampmeier <i>100m: 01:25,51 (01:25,51)   200m: 02:55,80 (01:30,29)   300m: 04:46,30 (01:50,50) 400m: 06:21,42 (01:35,12)</i>	2010	TSV Adendorf 1923	06:21,42	233
7.	Freerk Lauf <i>100m: 01:36,10 (01:36,10)   200m: 03:10,56 (01:34,46)   300m: 04:57,30 (01:46,74) 400m: 06:22,04 (01:24,74)</i>	2014	Schwimm-Club Seevetal	06:22,04	232
8.	Erik Nemitz <i>100m: 01:33,59 (01:33,59)   200m: 03:02,53 (01:28,94)   300m: 04:58,81 (01:56,28) 400m: 06:24,94 (01:26,13)</i>	2010	TSV Wietze	06:24,94	226
9.	Jan Peter Strauß <i>100m: 01:28,75 (01:28,75)   200m: 03:05,75 (01:37,00)   300m: 05:01,96 (01:56,21) 400m: 06:36,46 (01:34,50)</i>	2009	SG Wiste	06:36,46	207
10.	Karl Gärtner <i>100m: 01:38,42 (01:38,42)   200m: 03:24,33 (01:45,91)   300m: 05:14,83 (01:50,50) 400m: 06:43,28 (01:28,45)</i>	2012	SC Lüchow 1861	06:43,28	197
11.	Felix Koletzke <i>100m: 01:42,27 (01:42,27)   200m: 03:18,61 (01:36,34)   300m: 05:17,29 (01:58,68) 400m: 06:50,99 (01:33,70)</i>	2010	SC Lüchow 1861	06:50,99	186
12.	Benedict Menk <i>100m: 01:43,17 (01:43,17)   200m: 03:31,20 (01:48,03)   300m: 05:25,90 (01:54,70) 400m: 06:55,70 (01:29,80)</i>	2013	Schwimm-Club Seevetal	06:55,70	180
13.	Marik Fraas <i>100m: 01:45,10 (01:45,10)   200m: 03:31,96 (01:46,86)   300m: 05:32,02 (02:00,06) 400m: 06:59,03 (01:27,01)</i>	2012	TSV Adendorf 1923	06:59,03	175
14.	Finn Reymers <i>100m: 01:44,00 (01:44,00)   200m: 03:35,74 (01:51,74)   300m: 05:30,73 (01:54,99) 400m: 07:00,78 (01:30,05)</i>	2013	ATS Cuxhaven	07:00,78	173
15.	Tobias Segler <i>100m: 01:57,08 (01:57,08)   200m: 04:02,62 (02:05,54)   300m: 06:32,06 (02:29,44) 400m: 08:18,26 (01:46,20)</i>	2013	TVV Neu Wulmstorf von 1920 e.V.	08:18,26	104

**Wettkampf 2 - 800m Freistil weiblich****Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Nia Christin Wölper	2014	SG Wiste	13:23,35	209
	100m: 01:31,07 (01:31,07)   200m: 03:13,32 (01:42,25)   300m: 04:57,54 (01:44,22) 400m: 06:41,03 (01:43,49)   500m: 08:22,54 (01:41,51)   600m: 10:07,58 (01:45,04) 700m: 11:51,55 (01:43,97)   800m: 13:23,35 (01:31,80)				
2.	Lia Gerberding	2014	TSV Wietze	13:44,14	194
	100m: 01:33,15 (01:33,15)   200m: 03:16,11 (01:42,96)   300m: 05:02,58 (01:46,47) 400m: 06:49,04 (01:46,46)   500m: 08:35,41 (01:46,37)   600m: 10:21,07 (01:45,66) 700m: 12:05,63 (01:44,56)   800m: 13:44,14 (01:38,51)				
3.	Greta Kleinfeld	2014	TSV Wietze	14:24,32	168
	100m: 01:44,35 (01:44,35)   200m: 03:37,22 (01:52,87)   300m: 05:26,31 (01:49,09) 400m: 07:17,52 (01:51,21)   500m: 09:05,66 (01:48,14)   600m: 10:55,36 (01:49,70) 700m: 12:44,52 (01:49,16)   800m: 14:24,32 (01:39,80)				
4.	Sibel Alhrshy	2014	ATS Cuxhaven	15:45,41	128
	100m: 01:37,37 (01:37,37)   200m: 03:34,97 (01:57,60)   300m: 05:37,42 (02:02,45) 400m: 07:40,69 (02:03,27)   500m: 09:42,50 (02:01,81)   600m: 11:44,50 (02:02,00) 700m: 13:48,09 (02:03,59)   800m: 15:45,41 (01:57,32)				
5.	Alessia Di Nuzzi	2014	ATS Cuxhaven	17:25,56	95
	100m: 01:52,60 (01:52,60)   200m: 04:05,94 (02:13,34)   300m: 06:24,03 (02:18,09) 400m: 08:39,03 (02:15,00)   500m: 10:53,44 (02:14,41)   600m: 13:09,63 (02:16,19) 700m: 15:22,06 (02:12,43)   800m: 17:25,56 (02:03,50)				

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Amelie Walther	2013	Schwimm-Club Seevetal	12:17,74	271
	100m: 01:23,29 (01:23,29)   200m: 02:57,15 (01:33,86)   300m: 04:33,18 (01:36,03) 400m: 06:06,41 (01:33,23)   500m: 07:41,73 (01:35,32)   600m: 09:16,44 (01:34,71) 700m: 10:49,02 (01:32,58)   800m: 12:17,74 (01:28,72)				
2.	Nele Stein	2013	TV Jahn Schneverdingen	12:19,31	269
	100m: 01:23,05 (01:23,05)   200m: 02:56,33 (01:33,28)   300m: 04:29,95 (01:33,62) 400m: 06:04,27 (01:34,32)   500m: 07:40,44 (01:36,17)   600m: 09:15,01 (01:34,57) 700m: 10:49,75 (01:34,74)   800m: 12:19,31 (01:29,56)				
3.	Inneke Grantz	2013	ATS Cuxhaven	12:33,53	254
	100m: 01:23,97 (01:23,97)   200m: 02:58,69 (01:34,72)   300m: 04:34,12 (01:35,43) 400m: 06:10,16 (01:36,04)   500m: 07:48,56 (01:38,40)   600m: 09:23,09 (01:34,53) 700m: 11:00,97 (01:37,88)   800m: 12:33,53 (01:32,56)				
4.	Mira-Karoline Müller	2013	Schwimm-Club Seevetal	12:56,77	232
	100m: 01:27,30 (01:27,30)   200m: 03:04,30 (01:37,00)   800m: 12:56,77 (09:52,47)				
5.	Linja Hinrichs	2013	TSV Adendorf 1923	13:07,80	222
	100m: 01:29,48 (01:29,48)   200m: 03:06,76 (01:37,28)   300m: 04:46,06 (01:39,30) 400m: 06:26,80 (01:40,74)   500m: 08:51,54 (02:24,74)   600m: 10:43,90 (01:52,36) 800m: 13:07,80 (02:23,90)				
6.	Ida Stein	2013	SG Wiste	14:12,89	175
	100m: 01:35,95 (01:35,95)   200m: 03:23,29 (01:47,34)   300m: 05:12,37 (01:49,08) 400m: 07:02,70 (01:50,33)   500m: 08:50,32 (01:47,62)   600m: 10:42,06 (01:51,74) 700m: 12:29,70 (01:47,64)   800m: 14:12,89 (01:43,19)				
7.	Lotta Petersen	2013	SG Wiste	14:13,61	174
	100m: 01:38,41 (01:38,41)   200m: 03:27,33 (01:48,92)   300m: 05:17,45 (01:50,12) 400m: 07:05,37 (01:47,92)   500m: 08:55,54 (01:50,17)   600m: 10:44,62 (01:49,08) 700m: 12:33,86 (01:49,24)   800m: 14:13,61 (01:39,75)				
8.	Marisa Wernicke	2013	TSV Otterndorf	14:50,31	154
	100m: 01:38,06 (01:38,06)   200m: 03:30,84 (01:52,78)   300m: 05:26,71 (01:55,87) 400m: 07:22,03 (01:55,32)   500m: 09:20,09 (01:58,06)   600m: 11:15,40 (01:55,31) 700m: 13:06,84 (01:51,44)   800m: 14:50,31 (01:43,47)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
9.	Theresa Hillmer	2013	Schwimm-Club Seevetal	15:12,28	143
	100m: 01:35,76 (01:35,76)   200m: 03:27,97 (01:52,21)   300m: 05:24,30 (01:56,33) 400m: 07:23,52 (01:59,22)   500m: 09:21,04 (01:57,52)   600m: 11:18,36 (01:57,32) 700m: 13:17,75 (01:59,39)   800m: 15:12,28 (01:54,53)				

## Jahrgang 2012

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin					
	Kaley Cohrs	2012	TV Jahn Schneverdingen	12:28,30	259
	100m: 01:26,56 (01:26,56)   200m: 02:19,20 (00:52,64)   400m: 07:47,14 (05:27,94) 500m: 09:22,87 (01:35,73)   600m: 10:58,15 (01:35,28)   800m: 12:28,30 (01:30,15)				
2.	Kiara Lau	2012	TVV Neu Wulmstorf von 1920 e.V.	14:55,86	151
	100m: 01:33,91 (01:33,91)   200m: 03:24,64 (01:50,73)   300m: 05:19,12 (01:54,48) 400m: 07:15,56 (01:56,44)   500m: 09:10,84 (01:55,28)   600m: 11:06,36 (01:55,52) 800m: 14:55,86 (03:49,50)				

## Jahrgang 2011

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin					
	Caroline Fischer	2011	MTV Dannenberg 1863	11:29,70	331
	100m: 01:16,81 (01:16,81)   200m: 02:43,22 (01:26,41)   300m: 04:10,04 (01:26,82) 400m: 05:38,33 (01:28,29)   500m: 07:08,22 (01:29,89)   600m: 09:39,57 (02:31,35) 700m: 10:07,45 (00:27,88)   800m: 11:29,70 (01:22,25)				
2.	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	11:31,34	329
	100m: 01:17,06 (01:17,06)   200m: 02:43,00 (01:25,94)   300m: 04:09,87 (01:26,87) 400m: 05:38,12 (01:28,25)   500m: 07:05,56 (01:27,44)   600m: 08:35,12 (01:29,56) 700m: 10:05,34 (01:30,22)   800m: 11:31,34 (01:26,00)				
3.	Maja Stein	2011	SG Wiste	11:44,75	310
	100m: 01:21,82 (01:21,82)   200m: 02:50,83 (01:29,01)   300m: 04:20,48 (01:29,65) 400m: 05:50,14 (01:29,66)   500m: 07:19,52 (01:29,38)   600m: 08:49,23 (01:29,71) 700m: 10:19,12 (01:29,89)   800m: 11:44,75 (01:25,63)				
4.	Charlotta Hannemann	2011	SG Wiste	13:43,00	195
	100m: 01:35,45 (01:35,45)   200m: 03:20,33 (01:44,88)   300m: 05:05,48 (01:45,15) 400m: 06:50,14 (01:44,66)   500m: 08:32,55 (01:42,41)   600m: 10:17,08 (01:44,53) 700m: 12:04,39 (01:47,31)   800m: 13:43,00 (01:38,61)				
5.	Lena Himmelsbach	2011	MTV Treubund Lüneburg 1848	14:21,41	170
	100m: 01:34,60 (01:34,60)   200m: 03:19,50 (01:44,90)   300m: 05:09,57 (01:50,07) 400m: 06:58,32 (01:48,75)   500m: 08:51,54 (01:53,22)   600m: 10:43,75 (01:52,21) 700m: 12:36,50 (01:52,75)   800m: 14:21,41 (01:44,91)				
6.	Sari Hamann	2011	SG Wiste	15:16,16	141
	100m: 01:45,82 (01:45,82)   200m: 03:43,07 (01:57,25)   300m: 05:43,97 (02:00,90) 400m: 07:44,91 (02:00,94)   500m: 09:43,16 (01:58,25)   600m: 11:37,44 (01:54,28) 700m: 13:33,94 (01:56,50)   800m: 15:16,16 (01:42,22)				
7.	Chamithi Yuhasa Prakasha Mudiyansele	2011	SG Wiste	15:24,02	137
	100m: 01:37,91 (01:37,91)   200m: 03:31,80 (01:53,89)   300m: 05:29,64 (01:57,84) 400m: 07:59,40 (02:29,76)   500m: 09:30,14 (01:30,74)   600m: 11:31,93 (02:01,79) 700m: 13:31,77 (01:59,84)   800m: 15:24,02 (01:52,25)				

## Jahrgang 2010

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin					
	Merle Moorkamp	2010	TSV Achim 1860	11:17,81	349
	100m: 01:18,58 (01:18,58)   200m: 02:45,14 (01:26,56)   300m: 04:10,00 (01:24,86) 400m: 05:36,15 (01:26,15)   500m: 07:01,67 (01:25,52)   600m: 08:28,98 (01:27,31) 700m: 09:55,15 (01:26,17)   800m: 11:17,81 (01:22,66)				
2.	Alexa Steep	2010	TSV Adendorf 1923	11:34,75	324
	100m: 01:14,30 (01:14,30)   200m: 02:39,80 (01:25,50)   300m: 04:07,89 (01:28,09) 400m: 05:38,17 (01:30,28)   500m: 07:09,02 (01:30,85)   600m: 08:38,92 (01:29,90) 700m: 10:09,08 (01:30,16)   800m: 11:34,75 (01:25,67)				



Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
3.	Lena Gandert <i>100m: 01:21,04 (01:21,04)   200m: 02:08,65 (00:47,61)   300m: 03:16,89 (01:08,24) 400m: 05:18,31 (02:01,42)   500m: 07:33,39 (02:15,08)   600m: 09:06,23 (01:32,84) 700m: 10:38,05 (01:31,82)   800m: 12:03,86 (01:25,81)</i>	2010	SG Wiste	12:03,86	286
4.	Clarissa Heins <i>100m: 01:22,90 (01:22,90)   200m: 02:54,62 (01:31,72)   300m: 04:29,40 (01:34,78) 400m: 06:06,62 (01:37,22)   500m: 07:44,65 (01:38,03)   600m: 09:22,40 (01:37,75) 700m: 10:58,31 (01:35,91)   800m: 12:29,06 (01:30,75)</i>	2010	MTV Dannenberg 1863	12:29,06	258
5.	Ava Oertzen <i>100m: 01:27,33 (01:27,33)   200m: 03:03,55 (01:36,22)   300m: 04:39,58 (01:36,03) 400m: 06:17,08 (01:37,50)   500m: 07:55,08 (01:38,00)   600m: 09:32,77 (01:37,69) 700m: 11:08,71 (01:35,94)   800m: 12:41,34 (01:32,63)</i>	2010	SG Wiste	12:41,34	246
6.	Ida Tiedgen <i>100m: 01:26,90 (01:26,90)   200m: 03:06,19 (01:39,29)   300m: 04:47,75 (01:41,56) 400m: 06:27,14 (01:39,39)   500m: 08:08,47 (01:41,33)   600m: 09:51,05 (01:42,58) 700m: 11:33,58 (01:42,53)   800m: 13:10,98 (01:37,40)</i>	2010	Schwimm-Club Seevetal	13:10,98	219
<u>abgemeldet</u>					
	Lara Gandert	2010	SG Wiste		

## Jahrgang 2009

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Mia Spillner <i>100m: 01:07,57 (01:07,57)   200m: 02:20,51 (01:12,94)   300m: 03:34,50 (01:13,99) 400m: 04:48,98 (01:14,48)   500m: 06:04,28 (01:15,30)   600m: 07:20,80 (01:16,52) 700m: 08:36,64 (01:15,84)   800m: 09:45,08 (01:08,44)</i>	2009	TuS Rotenburg 1861	09:45,08	543
2.	Käte Ehlers <i>100m: 01:12,09 (01:12,09)   200m: 02:33,06 (01:20,97)   300m: 03:56,96 (01:23,90) 400m: 05:21,37 (01:24,41)   500m: 06:46,56 (01:25,19)   600m: 08:11,15 (01:24,59) 700m: 09:36,19 (01:25,04)   800m: 10:55,23 (01:19,04)</i>	2009	Stader Schwimmverein	10:55,23	386
3.	Andrea Sophie Strauß <i>100m: 01:29,69 (01:29,69)   200m: 03:24,54 (01:54,85)   300m: 05:19,96 (01:55,42) 400m: 07:17,60 (01:57,64)   500m: 09:23,15 (02:05,55)   600m: 11:16,90 (01:53,75) 700m: 13:17,34 (02:00,44)   800m: 15:14,16 (01:56,82)</i>	2009	SG Wiste	15:14,16	142
<u>abgemeldet</u>					
	Frederike Hillmer	2009	Schwimm-Club Seevetal		

## Jahrgang 2008

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Greta Bannöhr <i>100m: 01:11,82 (01:11,82)   200m: 02:31,55 (01:19,73)   300m: 03:53,61 (01:22,06) 400m: 05:14,70 (01:21,09)   500m: 06:35,51 (01:20,81)   600m: 07:55,77 (01:20,26) 700m: 09:15,08 (01:19,31)   800m: 10:32,41 (01:17,33)</i>	2008	MTV Dannenberg 1863	10:32,41	430
2.	Laney Kiara Pinnow <i>100m: 01:11,63 (01:11,63)   200m: 02:32,62 (01:20,99)   300m: 03:55,48 (01:22,86) 400m: 04:36,96 (00:41,48)   500m: 06:01,25 (01:24,29)   600m: 07:25,62 (01:24,37) 700m: 08:49,51 (01:23,89)   800m: 10:51,59 (02:02,08)</i>	2008	Schwimm-Club Seevetal	10:51,59	393
3.	Emma Führer <i>100m: 01:19,16 (01:19,16)   200m: 02:46,12 (01:26,96)   300m: 04:14,28 (01:28,16) 400m: 05:25,43 (01:11,15)   500m: 07:16,12 (01:50,69)   600m: 08:48,86 (01:32,74) 700m: 10:20,06 (01:31,20)   800m: 11:46,69 (01:26,63)</i>	2008	Schwimm-Club Seevetal	11:46,69	308
4.	Emma Uelzen <i>100m: 01:20,43 (01:20,43)   200m: 02:49,78 (01:29,35)   300m: 04:19,62 (01:29,84) 400m: 05:51,59 (01:31,97)   500m: 07:23,48 (01:31,89)   600m: 08:55,12 (01:31,64) 700m: 10:24,00 (01:28,88)   800m: 11:48,25 (01:24,25)</i>	2008	TSV Achim 1860	11:48,25	306

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
5.	Klara Viereck	2008	TSV Adendorf 1923	12:39,77	248
	100m: 01:25,03 (01:25,03)   200m: 03:00,41 (01:35,38)   300m: 04:38,32 (01:37,91) 400m: 06:16,75 (01:38,43)   500m: 07:54,85 (01:38,10)   600m: 09:32,30 (01:37,45) 700m: 11:09,88 (01:37,58)   800m: 12:39,77 (01:29,89)				
6.	Pabasary Malinsa Prakasha Mudiyansele	2008	SG Wiste	14:50,45	154
	100m: 01:36,01 (01:36,01)   200m: 03:26,14 (01:50,13)   300m: 05:18,41 (01:52,27) 400m: 07:13,60 (01:55,19)   500m: 09:07,99 (01:54,39)   600m: 11:04,15 (01:56,16) 700m: 13:00,02 (01:55,87)   800m: 14:50,45 (01:50,43)				

## Juniorinnen

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeisterin Juniorinnen					
	Henrike Bürger	2006	Delphin Schneverdingen S-T-R e.V.	12:50,01	238
	100m: 01:25,13 (01:25,13)   200m: 03:00,85 (01:35,72)   300m: 04:40,19 (01:39,34) 400m: 06:20,45 (01:40,26)   500m: 08:00,51 (01:40,06)   600m: 09:40,39 (01:39,88) 700m: 11:17,72 (01:37,33)   800m: 12:50,01 (01:32,29)				

## Offene Wertung

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeisterin					
	Mia Spillner	2009	TuS Rotenburg 1861	09:45,08	543
	100m: 01:07,57 (01:07,57)   200m: 02:20,51 (01:12,94)   300m: 03:34,50 (01:13,99) 400m: 04:48,98 (01:14,48)   500m: 06:04,28 (01:15,30)   600m: 07:20,80 (01:16,52) 700m: 08:36,64 (01:15,84)   800m: 09:45,08 (01:08,44)				
2.	Greta Bannöhr	2008	MTV Dannenberg 1863	10:32,41	430
	100m: 01:11,82 (01:11,82)   200m: 02:31,55 (01:19,73)   300m: 03:53,61 (01:22,06) 400m: 05:14,70 (01:21,09)   500m: 06:35,51 (01:20,81)   600m: 07:55,77 (01:20,26) 700m: 09:15,08 (01:19,31)   800m: 10:32,41 (01:17,33)				
3.	Laney Kiara Pinnow	2008	Schwimm-Club Seevetal	10:51,59	393
	100m: 01:11,63 (01:11,63)   200m: 02:32,62 (01:20,99)   300m: 03:55,48 (01:22,86) 400m: 04:36,96 (00:41,48)   500m: 06:01,25 (01:24,29)   600m: 07:25,62 (01:24,37) 700m: 08:49,51 (01:23,89)   800m: 10:51,59 (02:02,08)				
4.	Käte Ehlers	2009	Stader Schwimmverein	10:55,23	386
	100m: 01:12,09 (01:12,09)   200m: 02:33,06 (01:20,97)   300m: 03:56,96 (01:23,90) 400m: 05:21,37 (01:24,41)   500m: 06:46,56 (01:25,19)   600m: 08:11,15 (01:24,59) 700m: 09:36,19 (01:25,04)   800m: 10:55,23 (01:19,04)				
5.	Merle Moorkamp	2010	TSV Achim 1860	11:17,81	349
	100m: 01:18,58 (01:18,58)   200m: 02:45,14 (01:26,56)   300m: 04:10,00 (01:24,86) 400m: 05:36,15 (01:26,15)   500m: 07:01,67 (01:25,52)   600m: 08:28,98 (01:27,31) 700m: 09:55,15 (01:26,17)   800m: 11:17,81 (01:22,66)				
6.	Caroline Fischer	2011	MTV Dannenberg 1863	11:29,70	331
	100m: 01:16,81 (01:16,81)   200m: 02:43,22 (01:26,41)   300m: 04:10,04 (01:26,82) 400m: 05:38,33 (01:28,29)   500m: 07:08,22 (01:29,89)   600m: 09:39,57 (02:31,35) 700m: 10:07,45 (00:27,88)   800m: 11:29,70 (01:22,25)				
7.	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	11:31,34	329
	100m: 01:17,06 (01:17,06)   200m: 02:43,00 (01:25,94)   300m: 04:09,87 (01:26,87) 400m: 05:38,12 (01:28,25)   500m: 07:05,56 (01:27,44)   600m: 08:35,12 (01:29,56) 700m: 10:05,34 (01:30,22)   800m: 11:31,34 (01:26,00)				
8.	Alexa Steep	2010	TSV Adendorf 1923	11:34,75	324
	100m: 01:14,30 (01:14,30)   200m: 02:39,80 (01:25,50)   300m: 04:07,89 (01:28,09) 400m: 05:38,17 (01:30,28)   500m: 07:09,02 (01:30,85)   600m: 08:38,92 (01:29,90) 700m: 10:09,08 (01:30,16)   800m: 11:34,75 (01:25,67)				
9.	Maja Stein	2011	SG Wiste	11:44,75	310
	100m: 01:21,82 (01:21,82)   200m: 02:50,83 (01:29,01)   300m: 04:20,48 (01:29,65) 400m: 05:50,14 (01:29,66)   500m: 07:19,52 (01:29,38)   600m: 08:49,23 (01:29,71) 700m: 10:19,12 (01:29,89)   800m: 11:44,75 (01:25,63)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
10.	Emma Führer 100m: 01:19,16 (01:19,16)   200m: 02:46,12 (01:26,96)   300m: 04:14,28 (01:28,16) 400m: 05:25,43 (01:11,15)   500m: 07:16,12 (01:50,69)   600m: 08:48,86 (01:32,74) 700m: 10:20,06 (01:31,20)   800m: 11:46,69 (01:26,63)	2008	Schwimm-Club Seevetal	11:46,69	308
11.	Emma Uelzen 100m: 01:20,43 (01:20,43)   200m: 02:49,78 (01:29,35)   300m: 04:19,62 (01:29,84) 400m: 05:51,59 (01:31,97)   500m: 07:23,48 (01:31,89)   600m: 08:55,12 (01:31,64) 700m: 10:24,00 (01:28,88)   800m: 11:48,25 (01:24,25)	2008	TSV Achim 1860	11:48,25	306
12.	Lena Gandert 100m: 01:21,04 (01:21,04)   200m: 02:08,65 (00:47,61)   300m: 03:16,89 (01:08,24) 400m: 05:18,31 (02:01,42)   500m: 07:33,39 (02:15,08)   600m: 09:06,23 (01:32,84) 700m: 10:38,05 (01:31,82)   800m: 12:03,86 (01:25,81)	2010	SG Wiste	12:03,86	286
13.	Amelie Walther 100m: 01:23,29 (01:23,29)   200m: 02:57,15 (01:33,86)   300m: 04:33,18 (01:36,03) 400m: 06:06,41 (01:33,23)   500m: 07:41,73 (01:35,32)   600m: 09:16,44 (01:34,71) 700m: 10:49,02 (01:32,58)   800m: 12:17,74 (01:28,72)	2013	Schwimm-Club Seevetal	12:17,74	271
14.	Nele Stein 100m: 01:23,05 (01:23,05)   200m: 02:56,33 (01:33,28)   300m: 04:29,95 (01:33,62) 400m: 06:04,27 (01:34,32)   500m: 07:40,44 (01:36,17)   600m: 09:15,01 (01:34,57) 700m: 10:49,75 (01:34,74)   800m: 12:19,31 (01:29,56)	2013	TV Jahn Schneverdingen	12:19,31	269
15.	Kaley Cohrs 100m: 01:26,56 (01:26,56)   200m: 02:19,20 (00:52,64)   400m: 07:47,14 (05:27,94) 500m: 09:22,87 (01:35,73)   600m: 10:58,15 (01:35,28)   800m: 12:28,30 (01:30,15)	2012	TV Jahn Schneverdingen	12:28,30	259
16.	Clarissa Heins 100m: 01:22,90 (01:22,90)   200m: 02:54,62 (01:31,72)   300m: 04:29,40 (01:34,78) 400m: 06:06,62 (01:37,22)   500m: 07:44,65 (01:38,03)   600m: 09:22,40 (01:37,75) 700m: 10:58,31 (01:35,91)   800m: 12:29,06 (01:30,75)	2010	MTV Dannenberg 1863	12:29,06	258
17.	Inneke Grantz 100m: 01:23,97 (01:23,97)   200m: 02:58,69 (01:34,72)   300m: 04:34,12 (01:35,43) 400m: 06:10,16 (01:36,04)   500m: 07:48,56 (01:38,40)   600m: 09:23,09 (01:34,53) 700m: 11:00,97 (01:37,88)   800m: 12:33,53 (01:32,56)	2013	ATS Cuxhaven	12:33,53	254
18.	Klara Viereck 100m: 01:25,03 (01:25,03)   200m: 03:00,41 (01:35,38)   300m: 04:38,32 (01:37,91) 400m: 06:16,75 (01:38,43)   500m: 07:54,85 (01:38,10)   600m: 09:32,30 (01:37,45) 700m: 11:09,88 (01:37,58)   800m: 12:39,77 (01:29,89)	2008	TSV Adendorf 1923	12:39,77	248
19.	Ava Oertzen 100m: 01:27,33 (01:27,33)   200m: 03:03,55 (01:36,22)   300m: 04:39,58 (01:36,03) 400m: 06:17,08 (01:37,50)   500m: 07:55,08 (01:38,00)   600m: 09:32,77 (01:37,69) 700m: 11:08,71 (01:35,94)   800m: 12:41,34 (01:32,63)	2010	SG Wiste	12:41,34	246
20.	Henrike Bürger 100m: 01:25,13 (01:25,13)   200m: 03:00,85 (01:35,72)   300m: 04:40,19 (01:39,34) 400m: 06:20,45 (01:40,26)   500m: 08:00,51 (01:40,06)   600m: 09:40,39 (01:39,88) 700m: 11:17,72 (01:37,33)   800m: 12:50,01 (01:32,29)	2006	Delphin Schneverdingen S-T-R e.V.	12:50,01	238
21.	Mira-Karoline Müller 100m: 01:27,30 (01:27,30)   200m: 03:04,30 (01:37,00)   800m: 12:56,77 (09:52,47)	2013	Schwimm-Club Seevetal	12:56,77	232
22.	Linja Hinrichs 100m: 01:29,48 (01:29,48)   200m: 03:06,76 (01:37,28)   300m: 04:46,06 (01:39,30) 400m: 06:26,80 (01:40,74)   500m: 08:51,54 (02:24,74)   600m: 10:43,90 (01:52,36) 800m: 13:07,80 (02:23,90)	2013	TSV Adendorf 1923	13:07,80	222
23.	Ida Tiedgen 100m: 01:26,90 (01:26,90)   200m: 03:06,19 (01:39,29)   300m: 04:47,75 (01:41,56) 400m: 06:27,14 (01:39,39)   500m: 08:08,47 (01:41,33)   600m: 09:51,05 (01:42,58) 700m: 11:33,58 (01:42,53)   800m: 13:10,98 (01:37,40)	2010	Schwimm-Club Seevetal	13:10,98	219
24.	Nia Christin Wölper 100m: 01:31,07 (01:31,07)   200m: 03:13,32 (01:42,25)   300m: 04:57,54 (01:44,22) 400m: 06:41,03 (01:43,49)   500m: 08:22,54 (01:41,51)   600m: 10:07,58 (01:45,04) 700m: 11:51,55 (01:43,97)   800m: 13:23,35 (01:31,80)	2014	SG Wiste	13:23,35	209

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
25.	Charlotta Hannemann 100m: 01:35,45 (01:35,45)   200m: 03:20,33 (01:44,88)   300m: 05:05,48 (01:45,15) 400m: 06:50,14 (01:44,66)   500m: 08:32,55 (01:42,41)   600m: 10:17,08 (01:44,53) 700m: 12:04,39 (01:47,31)   800m: 13:43,00 (01:38,61)	2011	SG Wiste	13:43,00	195
26.	Lia Gerberding 100m: 01:33,15 (01:33,15)   200m: 03:16,11 (01:42,96)   300m: 05:02,58 (01:46,47) 400m: 06:49,04 (01:46,46)   500m: 08:35,41 (01:46,37)   600m: 10:21,07 (01:45,66) 700m: 12:05,63 (01:44,56)   800m: 13:44,14 (01:38,51)	2014	TSV Wietze	13:44,14	194
27.	Ida Stein 100m: 01:35,95 (01:35,95)   200m: 03:23,29 (01:47,34)   300m: 05:12,37 (01:49,08) 400m: 07:02,70 (01:50,33)   500m: 08:50,32 (01:47,62)   600m: 10:42,06 (01:51,74) 700m: 12:29,70 (01:47,64)   800m: 14:12,89 (01:43,19)	2013	SG Wiste	14:12,89	175
28.	Lotta Petersen 100m: 01:38,41 (01:38,41)   200m: 03:27,33 (01:48,92)   300m: 05:17,45 (01:50,12) 400m: 07:05,37 (01:47,92)   500m: 08:55,54 (01:50,17)   600m: 10:44,62 (01:49,08) 700m: 12:33,86 (01:49,24)   800m: 14:13,61 (01:39,75)	2013	SG Wiste	14:13,61	174
29.	Lena Himmelsbach 100m: 01:34,60 (01:34,60)   200m: 03:19,50 (01:44,90)   300m: 05:09,57 (01:50,07) 400m: 06:58,32 (01:48,75)   500m: 08:51,54 (01:53,22)   600m: 10:43,75 (01:52,21) 700m: 12:36,50 (01:52,75)   800m: 14:21,41 (01:44,91)	2011	MTV Treubund Lüneburg 1848	14:21,41	170
30.	Greta Kleinfeld 100m: 01:44,35 (01:44,35)   200m: 03:37,22 (01:52,87)   300m: 05:26,31 (01:49,09) 400m: 07:17,52 (01:51,21)   500m: 09:05,66 (01:48,14)   600m: 10:55,36 (01:49,70) 700m: 12:44,52 (01:49,16)   800m: 14:24,32 (01:39,80)	2014	TSV Wietze	14:24,32	168
31.	Marisa Wernicke 100m: 01:38,06 (01:38,06)   200m: 03:30,84 (01:52,78)   300m: 05:26,71 (01:55,87) 400m: 07:22,03 (01:55,32)   500m: 09:20,09 (01:58,06)   600m: 11:15,40 (01:55,31) 700m: 13:06,84 (01:51,44)   800m: 14:50,31 (01:43,47)	2013	TSV Otterndorf	14:50,31	154
32.	Pabasary Malinsa Prakasha Mudiyansele 100m: 01:36,01 (01:36,01)   200m: 03:26,14 (01:50,13)   300m: 05:18,41 (01:52,27) 400m: 07:13,60 (01:55,19)   500m: 09:07,99 (01:54,39)   600m: 11:04,15 (01:56,16) 700m: 13:00,02 (01:55,87)   800m: 14:50,45 (01:50,43)	2008	SG Wiste	14:50,45	154
33.	Kiara Lau 100m: 01:33,91 (01:33,91)   200m: 03:24,64 (01:50,73)   300m: 05:19,12 (01:54,48) 400m: 07:15,56 (01:56,44)   500m: 09:10,84 (01:55,28)   600m: 11:06,36 (01:55,52) 800m: 14:55,86 (03:49,50)	2012	TVV Neu Wulmstorf von 1920 e.V.	14:55,86	151
34.	Theresa Hillmer 100m: 01:35,76 (01:35,76)   200m: 03:27,97 (01:52,21)   300m: 05:24,30 (01:56,33) 400m: 07:23,52 (01:59,22)   500m: 09:21,04 (01:57,52)   600m: 11:18,36 (01:57,32) 700m: 13:17,75 (01:59,39)   800m: 15:12,28 (01:54,53)	2013	Schwimm-Club Seevetal	15:12,28	143
35.	Andrea Sophie Strauß 100m: 01:29,69 (01:29,69)   200m: 03:24,54 (01:54,85)   300m: 05:19,96 (01:55,42) 400m: 07:17,60 (01:57,64)   500m: 09:23,15 (02:05,55)   600m: 11:16,90 (01:53,75) 700m: 13:17,34 (02:00,44)   800m: 15:14,16 (01:56,82)	2009	SG Wiste	15:14,16	142
36.	Sari Hamann 100m: 01:45,82 (01:45,82)   200m: 03:43,07 (01:57,25)   300m: 05:43,97 (02:00,90) 400m: 07:44,91 (02:00,94)   500m: 09:43,16 (01:58,25)   600m: 11:37,44 (01:54,28) 700m: 13:33,94 (01:56,50)   800m: 15:16,16 (01:42,22)	2011	SG Wiste	15:16,16	141
37.	Chamithi Yuhasa Prakasha Mudiyansele 100m: 01:37,91 (01:37,91)   200m: 03:31,80 (01:53,89)   300m: 05:29,64 (01:57,84) 400m: 07:59,40 (02:29,76)   500m: 09:30,14 (01:30,74)   600m: 11:31,93 (02:01,79) 700m: 13:31,77 (01:59,84)   800m: 15:24,02 (01:52,25)	2011	SG Wiste	15:24,02	137
38.	Sibel Alhrshy 100m: 01:37,37 (01:37,37)   200m: 03:34,97 (01:57,60)   300m: 05:37,42 (02:02,45) 400m: 07:40,69 (02:03,27)   500m: 09:42,50 (02:01,81)   600m: 11:44,50 (02:02,00) 700m: 13:48,09 (02:03,59)   800m: 15:45,41 (01:57,32)	2014	ATS Cuxhaven	15:45,41	128
39.	Alessia Di Nuzzi 100m: 01:52,60 (01:52,60)   200m: 04:05,94 (02:13,34)   300m: 06:24,03 (02:18,09) 400m: 08:39,03 (02:15,00)   500m: 10:53,44 (02:14,41)   600m: 13:09,63 (02:16,19) 700m: 15:22,06 (02:12,43)   800m: 17:25,56 (02:03,50)	2014	ATS Cuxhaven	17:25,56	95

**Wettkampf 3 - 800m Freistil männlich****Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister					
	Finn Jahn	2014	ATS Cuxhaven	15:37,76	105
	100m: 01:49,71 (01:49,71)   200m: 03:50,13 (02:00,42)   300m: 05:51,20 (02:01,07) 400m: 07:49,53 (01:58,33)   500m: 09:47,57 (01:58,04)   600m: 11:46,58 (01:59,01) 700m: 13:45,15 (01:58,57)   800m: 15:37,76 (01:52,61)				
	<u>abgemeldet</u>				
	Till Jahn	2014	ATS Cuxhaven		

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister					
	Finn Reymers	2013	ATS Cuxhaven	12:42,83	196
	100m: 01:27,34 (01:27,34)   200m: 03:04,54 (01:37,20)   300m: 04:41,47 (01:36,93) 400m: 06:20,35 (01:38,88)   500m: 07:57,77 (01:37,42)   600m: 09:34,28 (01:36,51) 700m: 11:10,46 (01:36,18)   800m: 12:42,83 (01:32,37)				
2.	Mortasa Ahmadi	2013	ATS Cuxhaven	12:43,44	195
	100m: 01:28,15 (01:28,15)   200m: 03:03,22 (01:35,07)   300m: 04:42,94 (01:39,72) 400m: 06:22,97 (01:40,03)   500m: 07:56,59 (01:33,62)   600m: 09:33,94 (01:37,35) 700m: 11:12,72 (01:38,78)   800m: 12:43,44 (01:30,72)				
3.	Jonas Hartig	2013	ATS Cuxhaven	14:35,58	129
	100m: 01:40,96 (01:40,96)   200m: 03:30,73 (01:49,77)   300m: 05:23,76 (01:53,03) 400m: 07:16,33 (01:52,57)   500m: 09:06,91 (01:50,58)   600m: 10:58,19 (01:51,28) 700m: 12:49,50 (01:51,31)   800m: 14:35,58 (01:46,08)				
	<u>abgemeldet</u>				
	Jonas Gust	2013	SG Wiste		

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister					
	Karl Gärtner	2012	SC Lüchow 1861	12:08,55	225
	100m: 01:20,95 (01:20,95)   200m: 02:52,77 (01:31,82)   300m: 04:26,51 (01:33,74) 400m: 05:59,60 (01:33,09)   500m: 07:33,63 (01:34,03)   600m: 09:07,55 (01:33,92) 700m: 10:40,76 (01:33,21)   800m: 12:08,55 (01:27,79)				
2.	Ben Gerecke	2012	TSV Wietze	14:01,20	146
	100m: 01:39,71 (01:39,71)   200m: 03:26,89 (01:47,18)   300m: 05:15,46 (01:48,57) 400m: 07:02,41 (01:46,95)   500m: 08:49,70 (01:47,29)   600m: 10:34,84 (01:45,14) 700m: 12:22,04 (01:47,20)   800m: 14:01,20 (01:39,16)				
3.	Johann Konowalow	2012	MTV Dannenberg 1863	14:36,56	129
	100m: 01:39,94 (01:39,94)   200m: 03:31,28 (01:51,34)   300m: 05:22,31 (01:51,03) 400m: 07:14,31 (01:52,00)   500m: 09:04,09 (01:49,78)   600m: 10:56,81 (01:52,72) 700m: 12:49,53 (01:52,72)   800m: 14:36,56 (01:47,03)				
4.	Cornelius Heins	2012	MTV Dannenberg 1863	14:38,95	128
	100m: 01:32,98 (01:32,98)   200m: 03:25,67 (01:52,69)   300m: 05:21,23 (01:55,56) 400m: 07:13,18 (01:51,95)   500m: 09:08,54 (01:55,36)   600m: 11:03,70 (01:55,16) 700m: 12:50,84 (01:47,14)   800m: 14:38,95 (01:48,11)				
5.	Fabian Krüger	2012	MTV Dannenberg 1863	15:19,95	111
	100m: 01:53,64 (01:53,64)   200m: 03:38,32 (01:44,68)   300m: 05:35,03 (01:56,71) 400m: 07:31,67 (01:56,64)   500m: 09:29,51 (01:57,84)   600m: 11:27,79 (01:58,28) 700m: 13:27,61 (01:59,82)   800m: 15:19,95 (01:52,34)				

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Tammo Stenzel	2010	TSV Adendorf 1923	10:45,77	323
	100m: 01:09,77 (01:09,77)   200m: 02:30,02 (01:20,25)   300m: 03:53,68 (01:23,66) 400m: 05:16,68 (01:23,00)   500m: 06:40,02 (01:23,34)   600m: 08:02,83 (01:22,81) 700m: 09:25,27 (01:22,44)   800m: 10:45,77 (01:20,50)				
2.	Felix Koletzke	2010	SC Lüchow 1861	12:01,75	231
	100m: 01:12,44 (01:12,44)   200m: 02:52,85 (01:40,41)   300m: 04:26,21 (01:33,36) 400m: 05:57,79 (01:31,58)   500m: 07:29,54 (01:31,75)   600m: 09:03,03 (01:33,49) 700m: 10:34,83 (01:31,80)   800m: 12:01,75 (01:26,92)				
3.	Anton Hartig	2010	ATS Cuxhaven	12:45,75	194
	100m: 01:26,84 (01:26,84)   200m: 03:01,03 (01:34,19)   300m: 04:35,53 (01:34,50) 400m: 06:13,25 (01:37,72)   500m: 07:52,90 (01:39,65)   600m: 09:31,43 (01:38,53) 700m: 11:09,50 (01:38,07)   800m: 12:45,75 (01:36,25)				

**Junioren**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeister Junioren	Jonas Jahrneik	2007	MTV Dannenberg 1863	09:57,48	408
	100m: 01:06,04 (01:06,04)   200m: 02:17,96 (01:11,92)   300m: 03:30,89 (01:12,93) 400m: 04:44,88 (01:13,99)   500m: 06:03,48 (01:18,60)   600m: 07:21,90 (01:18,42) 700m: 08:40,73 (01:18,83)   800m: 09:57,48 (01:16,75)				
2.	Bogdan Kopytsia	2007	TuS Rotenburg 1861	10:34,59	341
	100m: 01:12,39 (01:12,39)   200m: 02:32,16 (01:19,77)   300m: 03:53,22 (01:21,06) 400m: 05:15,84 (01:22,62)   500m: 06:37,46 (01:21,62)   600m: 07:58,87 (01:21,41) 700m: 09:19,97 (01:21,10)   800m: 10:34,59 (01:14,62)				
3.	Marvyn Cording	2007	TSV Adendorf 1923	12:26,50	209
	100m: 01:20,69 (01:20,69)   200m: 02:53,47 (01:32,78)   300m: 04:30,00 (01:36,53) 400m: 06:06,87 (01:36,87)   500m: 07:43,94 (01:37,07)   600m: 09:20,81 (01:36,87) 700m: 10:56,22 (01:35,41)   800m: 12:26,50 (01:30,28)				

**Offen Wertung**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeister	Mike George	1988	Blau-Weiss Buchholz	09:49,48	425
	100m: 01:08,94 (01:08,94)   200m: 02:59,40 (01:50,46)   300m: 04:13,85 (01:14,45) 400m: 05:23,76 (01:09,91)   600m: 07:22,11 (01:58,35)   700m: 08:38,03 (01:15,92) 800m: 09:49,48 (01:11,45)				
2.	Jonas Jahrneik	2007	MTV Dannenberg 1863	09:57,48	408
	100m: 01:06,04 (01:06,04)   200m: 02:17,96 (01:11,92)   300m: 03:30,89 (01:12,93) 400m: 04:44,88 (01:13,99)   500m: 06:03,48 (01:18,60)   600m: 07:21,90 (01:18,42) 700m: 08:40,73 (01:18,83)   800m: 09:57,48 (01:16,75)				
3.	Jannik Pigorsch	2005	TSV Otterndorf	10:30,85	347
	100m: 01:07,12 (01:07,12)   200m: 02:20,25 (01:13,13)   300m: 03:38,55 (01:18,30) 400m: 04:59,41 (01:20,86)   500m: 06:21,62 (01:22,21)   600m: 07:45,71 (01:24,09) 700m: 09:09,74 (01:24,03)   800m: 10:30,85 (01:21,11)				
4.	Bogdan Kopytsia	2007	TuS Rotenburg 1861	10:34,59	341
	100m: 01:12,39 (01:12,39)   200m: 02:32,16 (01:19,77)   300m: 03:53,22 (01:21,06) 400m: 05:15,84 (01:22,62)   500m: 06:37,46 (01:21,62)   600m: 07:58,87 (01:21,41) 700m: 09:19,97 (01:21,10)   800m: 10:34,59 (01:14,62)				
5.	Tammo Stenzel	2010	TSV Adendorf 1923	10:45,77	323
	100m: 01:09,77 (01:09,77)   200m: 02:30,02 (01:20,25)   300m: 03:53,68 (01:23,66) 400m: 05:16,68 (01:23,00)   500m: 06:40,02 (01:23,34)   600m: 08:02,83 (01:22,81) 700m: 09:25,27 (01:22,44)   800m: 10:45,77 (01:20,50)				
6.	Felix Koletzke	2010	SC Lüchow 1861	12:01,75	231
	100m: 01:12,44 (01:12,44)   200m: 02:52,85 (01:40,41)   300m: 04:26,21 (01:33,36) 400m: 05:57,79 (01:31,58)   500m: 07:29,54 (01:31,75)   600m: 09:03,03 (01:33,49) 700m: 10:34,83 (01:31,80)   800m: 12:01,75 (01:26,92)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
7.	Karl Gärtner <i>100m: 01:20,95 (01:20,95)   200m: 02:52,77 (01:31,82)   300m: 04:26,51 (01:33,74) 400m: 05:59,60 (01:33,09)   500m: 07:33,63 (01:34,03)   600m: 09:07,55 (01:33,92) 700m: 10:40,76 (01:33,21)   800m: 12:08,55 (01:27,79)</i>	2012	SC Lüchow 1861	12:08,55	225
8.	Marvyn Cording <i>100m: 01:20,69 (01:20,69)   200m: 02:53,47 (01:32,78)   300m: 04:30,00 (01:36,53) 400m: 06:06,87 (01:36,87)   500m: 07:43,94 (01:37,07)   600m: 09:20,81 (01:36,87) 700m: 10:56,22 (01:35,41)   800m: 12:26,50 (01:30,28)</i>	2007	TSV Adendorf 1923	12:26,50	209
9.	Finn Reymers <i>100m: 01:27,34 (01:27,34)   200m: 03:04,54 (01:37,20)   300m: 04:41,47 (01:36,93) 400m: 06:20,35 (01:38,88)   500m: 07:57,77 (01:37,42)   600m: 09:34,28 (01:36,51) 700m: 11:10,46 (01:36,18)   800m: 12:42,83 (01:32,37)</i>	2013	ATS Cuxhaven	12:42,83	196
10.	Mortasa Ahmadi <i>100m: 01:28,15 (01:28,15)   200m: 03:03,22 (01:35,07)   300m: 04:42,94 (01:39,72) 400m: 06:22,97 (01:40,03)   500m: 07:56,59 (01:33,62)   600m: 09:33,94 (01:37,35) 700m: 11:12,72 (01:38,78)   800m: 12:43,44 (01:30,72)</i>	2013	ATS Cuxhaven	12:43,44	195
11.	Anton Hartig <i>100m: 01:26,84 (01:26,84)   200m: 03:01,03 (01:34,19)   300m: 04:35,53 (01:34,50) 400m: 06:13,25 (01:37,72)   500m: 07:52,90 (01:39,65)   600m: 09:31,43 (01:38,53) 700m: 11:09,50 (01:38,07)   800m: 12:45,75 (01:36,25)</i>	2010	ATS Cuxhaven	12:45,75	194
12.	Ben Gerecke <i>100m: 01:39,71 (01:39,71)   200m: 03:26,89 (01:47,18)   300m: 05:15,46 (01:48,57) 400m: 07:02,41 (01:46,95)   500m: 08:49,70 (01:47,29)   600m: 10:34,84 (01:45,14) 700m: 12:22,04 (01:47,20)   800m: 14:01,20 (01:39,16)</i>	2012	TSV Wietze	14:01,20	146
13.	Jonas Hartig <i>100m: 01:40,96 (01:40,96)   200m: 03:30,73 (01:49,77)   300m: 05:23,76 (01:53,03) 400m: 07:16,33 (01:52,57)   500m: 09:06,91 (01:50,58)   600m: 10:58,19 (01:51,28) 700m: 12:49,50 (01:51,31)   800m: 14:35,58 (01:46,08)</i>	2013	ATS Cuxhaven	14:35,58	129
14.	Johann Konowalow <i>100m: 01:39,94 (01:39,94)   200m: 03:31,28 (01:51,34)   300m: 05:22,31 (01:51,03) 400m: 07:14,31 (01:52,00)   500m: 09:04,09 (01:49,78)   600m: 10:56,81 (01:52,72) 700m: 12:49,53 (01:52,72)   800m: 14:36,56 (01:47,03)</i>	2012	MTV Dannenberg 1863	14:36,56	129
15.	Cornelius Heins <i>100m: 01:32,98 (01:32,98)   200m: 03:25,67 (01:52,69)   300m: 05:21,23 (01:55,56) 400m: 07:13,18 (01:51,95)   500m: 09:08,54 (01:55,36)   600m: 11:03,70 (01:55,16) 700m: 12:50,84 (01:47,14)   800m: 14:38,95 (01:48,11)</i>	2012	MTV Dannenberg 1863	14:38,95	128
16.	Fabian Krüger <i>100m: 01:53,64 (01:53,64)   200m: 03:38,32 (01:44,68)   300m: 05:35,03 (01:56,71) 400m: 07:31,67 (01:56,64)   500m: 09:29,51 (01:57,84)   600m: 11:27,79 (01:58,28) 700m: 13:27,61 (01:59,82)   800m: 15:19,95 (01:52,34)</i>	2012	MTV Dannenberg 1863	15:19,95	111
17.	Finn Jahn <i>100m: 01:49,71 (01:49,71)   200m: 03:50,13 (02:00,42)   300m: 05:51,20 (02:01,07) 400m: 07:49,53 (01:58,33)   500m: 09:47,57 (01:58,04)   600m: 11:46,58 (01:59,01) 700m: 13:45,15 (01:58,57)   800m: 15:37,76 (01:52,61)</i>	2014	ATS Cuxhaven	15:37,76	105

**Wettkampf 4 - 400m Freistil männlich****Jahrgang 2015**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Elias Spielmann	2015	ATS Cuxhaven	06:47,66	141
	<i>100m: 01:31,53 (01:31,53)   200m: 03:20,91 (01:49,38)   300m: 05:04,78 (01:43,87) 400m: 06:47,66 (01:42,88)</i>				
	<u>abgemeldet</u>				
	Johann Himmelsbach	2015	MTV Treubund Lüneburg 1848		
	Johannes Weinem	2015	MTV Treubund Lüneburg 1848		

**Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Freerk Lauf	2014	Schwimm-Club Seevetal	05:39,78	243
	<i>100m: 01:18,89 (01:18,89)   200m: 02:45,57 (01:26,68)   300m: 04:13,98 (01:28,41) 400m: 05:39,78 (01:25,80)</i>				
2.	Aaron Jessen	2014	Schwimm-Club Seevetal	06:38,84	150
	<i>100m: 01:23,69 (01:23,69)   200m: 03:06,47 (01:42,78)   300m: 04:52,94 (01:46,47) 400m: 06:38,84 (01:45,90)</i>				
3.	Jorne Hinrichs	2014	TSV Adendorf 1923	07:17,79	113
	<i>100m: 01:41,31 (01:41,31)   200m: 03:34,79 (01:53,48)   300m: 05:28,82 (01:54,03) 400m: 07:17,79 (01:48,97)</i>				
4.	Prabashwara Sanithu Prakasha Mudiyansele	2014	SG Wiste	08:14,94	78
	<i>100m: 01:54,65 (01:54,65)   200m: 04:05,56 (02:10,91)   300m: 06:15,28 (02:09,72) 400m: 08:14,94 (01:59,66)</i>				
	<u>nicht am Start</u>				
	Paul Brüchert	2014	MTV Dannenberg 1863		EnM

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Benedict Menk	2013	Schwimm-Club Seevetal	05:42,44	238
	<i>100m: 01:19,05 (01:19,05)   200m: 02:47,08 (01:28,03)   300m: 04:16,33 (01:29,25) 400m: 05:42,44 (01:26,11)</i>				

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Trutz Brand	2012	Schwimm-Club Seevetal	05:24,32	280
	<i>100m: 01:17,39 (01:17,39)   200m: 02:40,96 (01:23,57)   300m: 04:02,99 (01:22,03) 400m: 05:24,32 (01:21,33)</i>				

**Jahrgang 2008**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Tomke Stenzel	2008	TSV Adendorf 1923	04:53,92	376
	<i>100m: 01:07,09 (01:07,09)   200m: 02:22,94 (01:15,85)   300m: 03:40,25 (01:17,31) 400m: 04:53,92 (01:13,67)</i>				



**Offen Wertung**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksmeister	Jannik Pigorsch	2005	TSV Otterndorf	04:53,57	377	EnM
	<i>100m: 01:07,44 (01:07,44)   200m: 02:23,26 (01:15,82)   300m: 03:40,42 (01:17,16) 400m: 04:53,57 (01:13,15)</i>					
2.	Tomke Stenzel	2008	TSV Adendorf 1923	04:53,92	376	
	<i>100m: 01:07,09 (01:07,09)   200m: 02:22,94 (01:15,85)   300m: 03:40,25 (01:17,31) 400m: 04:53,92 (01:13,67)</i>					
3.	Trutz Brand	2012	Schwimm-Club Seevetal	05:24,32	280	
	<i>100m: 01:17,39 (01:17,39)   200m: 02:40,96 (01:23,57)   300m: 04:02,99 (01:22,03) 400m: 05:24,32 (01:21,33)</i>					
4.	Freerk Lauf	2014	Schwimm-Club Seevetal	05:39,78	243	
	<i>100m: 01:18,89 (01:18,89)   200m: 02:45,57 (01:26,68)   300m: 04:13,98 (01:28,41) 400m: 05:39,78 (01:25,80)</i>					
5.	Benedict Menk	2013	Schwimm-Club Seevetal	05:42,44	238	
	<i>100m: 01:19,05 (01:19,05)   200m: 02:47,08 (01:28,03)   300m: 04:16,33 (01:29,25) 400m: 05:42,44 (01:26,11)</i>					
6.	Aaron Jessen	2014	Schwimm-Club Seevetal	06:38,84	150	
	<i>100m: 01:23,69 (01:23,69)   200m: 03:06,47 (01:42,78)   300m: 04:52,94 (01:46,47) 400m: 06:38,84 (01:45,90)</i>					
7.	Jorne Hinrichs	2014	TSV Adendorf 1923	07:17,79	113	
	<i>100m: 01:41,31 (01:41,31)   200m: 03:34,79 (01:53,48)   300m: 05:28,82 (01:54,03) 400m: 07:17,79 (01:48,97)</i>					
8.	Prabashwara Sanithu Prakasha Mudiyansele	2014	SG Wiste	08:14,94	78	
	<i>100m: 01:54,65 (01:54,65)   200m: 04:05,56 (02:10,91)   300m: 06:15,28 (02:09,72) 400m: 08:14,94 (01:59,66)</i>					

Lüchow, den 25.01.2025

Abschnittende: 12:37 Uhr

Protokollende: 12:50 Uhr

gez. Jörg Bürger  
Schiedsrichtergez. Stefan Sill  
Schiedsrichtergez. Dirk Schultz  
Protokollführer

**Abschnitt 2 - Samstag 25.01.2025**

Einlass: 00:00 nach Abs.1 | Einschwimmen: 00:15 nach Abs.1 | Kampfrichtersitzung: 00:30 nach Abs.1  
 Beginn: 01:00 nach Abs.1

**Kampfgericht Abschnitt 2**

Position	Name	Verein
Schiedsrichter	Jörg Bürger	BSLG
Schiedsrichter	Stefan Sill	BSLG
Starter	Frank Kornell	BSLG
Starter (in Ausbildung)	Ronny Gärtner	SC Lüchow 1861
Schwimmrichter 1	Jasmin Fischer	MTV Dannenberg 1863
Schwimmrichter 1	Max Thurmann	MTV Dannenberg 1863
Schwimmrichter 2	Helge Gust	SG Wiste
Schwimmrichter 2	Luise Rowedder	TSV Adendorf 1923
Sprecher	Gero Schilling	MTV Dannenberg 1863
Protokollführer	Dirk Schultz	SC Lüchow 1861
Auswerter	Benno Bürger	BSLG
Auswerter	Hannah Ehlers	ATS Cuxhaven

**Zielgericht**

Position	Name	Verein
Zielrichter 1	Doreen Kalina	TV Jahn Schneverdingen
Zielrichter 2	da Silva Ruela Liliana	TSV Otterndorf
Zielrichter 3	Anja Führer	Schwimm-Club Seevetal
Zielrichter 4	Carmen Cohrs	TV Jahn Schneverdingen
Zielrichter 5	Lazar Schomburg	ATS Cuxhaven

**Zeitgericht 1**

Position	Name	Verein
Zeitnehmer-Obmann	Daniel Cohrs	TV Jahn Schneverdingen
Zeitnehmer Bahn 1	Nicole Heins	MTV Dannenberg 1863
Zeitnehmer Bahn 2	Dirk Turowski	MTV Treubund Lüneburg 1848
Zeitnehmer Bahn 3	Stefan Asshauer	Schwimmfreunde Meckelfeld
Zeitnehmer Bahn 4	Heike Morche	Schwimm-Club Seevetal
Zeitnehmer Bahn 5	Ronny Hannemann	ATS Cuxhaven
Reserve-Zeitnehmer	Tim Lange	ATS Cuxhaven

**Zeitgericht 2**

Position	Name	Verein
Zeitnehmer-Obmann	Brigitta Spillner	TuS Rotenburg 1861
Zeitnehmer Bahn 1	Christina Ehlers	Stader Schwimmverein
Zeitnehmer Bahn 2	Hans-Joachim Weiss	TSV Achim 1860
Zeitnehmer Bahn 3	Thomas Steep	TSV Adendorf 1923
Zeitnehmer Bahn 4	Clarissa Heins	MTV Dannenberg 1863
Zeitnehmer Bahn 5	Melanie Kleinfeld	TSV Wietze
Reserve-Zeitnehmer	Stefan Kroek	SC Lüchow 1861

**Wendegericht**

Position	Name	Verein
Wenderichter-Obmann	Manuela Bartels	Schwimm-Club Seevetal
Wenderichter Bahn 1 & 2	Marvyn Cording	TSV Adendorf 1923
Wenderichter Bahn 3	Übernahme durch WRO	Schwimm-Club Seevetal
Wenderichter Bahn 4 & 5	Jasmin Nemitz	TSV Wietze

**Wettkampffolge für Abschnitt 2**

Wettkampf 5 - 400m Freistil weiblich  
 Wettkampf 6 - 1500m Freistil weiblich  
 Wettkampf 7 - 1500m Freistil männlich  
 Wettkampf 8 - 400m Lagen weiblich

**Wettkampf 5 - 400m Freistil weiblich****Jahrgang 2015**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Sarah Asshauer	2015	Schwimmfreunde Meckelfeld	06:00,41	264
	100m: 01:23,98 (01:23,98)   200m: 02:56,47 (01:32,49)   300m: 04:31,35 (01:34,88) 400m: 06:00,41 (01:29,06)				
2.	Katharina Linge	2015	Schwimm-Club Seevetal	06:52,00	176
	100m: 01:32,86 (01:32,86)   200m: 03:17,34 (01:44,48)   300m: 05:03,01 (01:45,67) 400m: 06:52,00 (01:48,99)				
3.	Ziva Turowski	2015	MTV Treubund Lüneburg 1848	06:52,06	176
	100m: 01:37,59 (01:37,59)   200m: 03:22,64 (01:45,05)   300m: 05:10,70 (01:48,06) 400m: 06:52,06 (01:41,36)				
4.	Alea Guraj	2015	ATS Cuxhaven	07:57,53	113
	100m: 01:45,62 (01:45,62)   200m: 03:47,49 (02:01,87)   300m: 05:53,81 (02:06,32) 400m: 07:57,53 (02:03,72)				
5.	Lara Hoffrichter	2015	Schwimm-Club Seevetal	08:08,05	106
	100m: 01:46,59 (01:46,59)   200m: 03:48,21 (02:01,62)   300m: 05:57,12 (02:08,91) 400m: 08:08,05 (02:10,93)				
6.	Annika Kohlmann	2015	Schwimm-Club Seevetal	08:08,05	106
	100m: 01:45,17 (01:45,17)   200m: 03:52,27 (02:07,10)   300m: 06:02,27 (02:10,00) 400m: 08:08,05 (02:05,78)				
	<u>abgemeldet</u>				
	Ava Mathews	2015	ATS Cuxhaven		
	Tamina Sponbrucker	2015	ATS Cuxhaven		

**Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Nia Christin Wölper	2014	SG Wiste	06:16,03	232
	100m: 01:29,64 (01:29,64)   200m: 03:08,86 (01:39,22)   300m: 04:46,39 (01:37,53) 400m: 06:16,03 (01:29,64)				
2.	Emilia Littau	2014	TSV Achim 1860	06:56,76	170
	100m: 01:28,82 (01:28,82)   200m: 03:14,68 (01:45,86)   300m: 05:03,42 (01:48,74) 400m: 06:56,76 (01:53,34)				
3.	Nenya Rampmeier	2014	TSV Adendorf 1923	07:01,57	165
	100m: 01:37,75 (01:37,75)   200m: 03:29,46 (01:51,71)   300m: 05:20,62 (01:51,16) 400m: 07:01,57 (01:40,95)				
4.	Elli Kalina	2014	TSV Achim 1860	07:19,58	145
	100m: 01:42,93 (01:42,93)   200m: 03:37,27 (01:54,34)   300m: 05:32,83 (01:55,56) 400m: 07:19,58 (01:46,75)				
5.	Sibel Alhrshy	2014	ATS Cuxhaven	07:36,21	130
	100m: 01:34,92 (01:34,92)   200m: 03:32,54 (01:57,62)   300m: 05:34,04 (02:01,50) 400m: 07:36,21 (02:02,17)				
6.	Maria Plahin	2014	MTV Dannenberg 1863	07:44,36	123
	100m: 01:42,28 (01:42,28)   200m: 03:44,14 (02:01,86)   300m: 05:46,84 (02:02,70) 400m: 07:44,36 (01:57,52)				
	<u>disqualifiziert</u>				
	Ina Schmitz	2014	SG Wiste		EnM
	Lauf wurde abgebrochen bei 200m Uhrzeit der Bekanntgabe: 14:00				

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksjahrgangsmeisterin	Amelie Walther	2013	Schwimm-Club Seevetal	06:01,72	261	
	100m: 01:24,27 (01:24,27)   200m: 02:56,70 (01:32,43)   300m: 04:30,24 (01:33,54) 400m: 06:01,72 (01:31,48)					
2.	Nele Stein	2013	TV Jahn Schneverdingen	06:03,42	257	
	100m: 01:20,25 (01:20,25)   200m: 02:53,91 (01:33,66)   300m: 04:29,23 (01:35,32) 400m: 06:03,42 (01:34,19)					
3.	Linja Hinrichs	2013	TSV Adendorf 1923	06:09,25	245	
	100m: 01:24,86 (01:24,86)   200m: 03:00,27 (01:35,41)   300m: 04:35,99 (01:35,72) 400m: 06:09,25 (01:33,26)					
4.	Greta Moorkamp	2013	TSV Achim 1860	06:13,11	238	
	100m: 01:27,88 (01:27,88)   200m: 03:03,00 (01:35,12)   300m: 04:39,75 (01:36,75) 400m: 06:13,11 (01:33,36)					
5.	Mira-Karoline Müller	2013	Schwimm-Club Seevetal	06:19,57	226	
	100m: 01:27,42 (01:27,42)   200m: 03:05,75 (01:38,33)   300m: 04:46,25 (01:40,50) 400m: 06:19,57 (01:33,32)					
6.	Ida Stein	2013	SG Wiste	06:41,54	191	
	100m: 01:34,32 (01:34,32)   200m: 03:17,88 (01:43,56)   300m: 05:01,10 (01:43,22) 400m: 06:41,54 (01:40,44)					
7.	Marisa Wernicke	2013	TSV Otterndorf	07:10,37	155	EnM
	100m: 01:37,40 (01:37,40)   200m: 03:29,11 (01:51,71)   300m: 05:20,93 (01:51,82) 400m: 07:10,37 (01:49,44)					

**Jahrgang 2011**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksjahrgangsmeisterin	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	05:35,29	328	
	100m: 01:16,01 (01:16,01)   200m: 02:42,86 (01:26,85)   300m: 04:11,11 (01:28,25) 400m: 05:35,29 (01:24,18)					
2.	Maja Stein	2011	SG Wiste	05:42,09	309	
	100m: 01:20,57 (01:20,57)   200m: 02:48,47 (01:27,90)   300m: 04:17,82 (01:29,35) 400m: 05:42,09 (01:24,27)					

**Jahrgang 2009**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksjahrgangsmeisterin	Käte Ehlers	2009	Stader Schwimmverein	05:10,38	413	
	100m: 01:12,47 (01:12,47)   200m: 02:32,50 (01:20,03)   300m: 03:53,72 (01:21,22) 400m: 05:10,38 (01:16,66)					

**Jahrgang 2008**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksjahrgangsmeisterin	Laney Kiara Pinnow	2008	Schwimm-Club Seevetal	05:13,85	400	
	100m: 01:10,90 (01:10,90)   200m: 02:30,46 (01:19,56)   300m: 03:52,28 (01:21,82) 400m: 05:13,85 (01:21,57)					

**Juniorinnen**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksmeisterin Juniorinnen	Chris-Carolin Weiß	2006	TSV Achim 1860	05:01,07	453	EnM
	100m: 01:10,61 (01:10,61)   200m: 02:27,90 (01:17,29)   300m: 03:44,33 (01:16,43) 400m: 05:01,07 (01:16,74)					

**Offene Wertung**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
1. und Bezirksmeisterin	Chris-Carolin Weiß	2006	TSV Achim 1860	05:01,07	453	EnM
	100m: 01:10,61 (01:10,61)   200m: 02:27,90 (01:17,29)   300m: 03:44,33 (01:16,43) 400m: 05:01,07 (01:16,74)					
2.	Käte Ehlers	2009	Stader Schwimmverein	05:10,38	413	
	100m: 01:12,47 (01:12,47)   200m: 02:32,50 (01:20,03)   300m: 03:53,72 (01:21,22) 400m: 05:10,38 (01:16,66)					
3.	Laney Kiara Pinnow	2008	Schwimm-Club Seevetal	05:13,85	400	
	100m: 01:10,90 (01:10,90)   200m: 02:30,46 (01:19,56)   300m: 03:52,28 (01:21,82) 400m: 05:13,85 (01:21,57)					
4.	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	05:35,29	328	
	100m: 01:16,01 (01:16,01)   200m: 02:42,86 (01:26,85)   300m: 04:11,11 (01:28,25) 400m: 05:35,29 (01:24,18)					
5.	Maja Stein	2011	SG Wiste	05:42,09	309	
	100m: 01:20,57 (01:20,57)   200m: 02:48,47 (01:27,90)   300m: 04:17,82 (01:29,35) 400m: 05:42,09 (01:24,27)					
6.	Sarah Asshauer	2015	Schwimmfreunde Meckelfeld	06:00,41	264	
	100m: 01:23,98 (01:23,98)   200m: 02:56,47 (01:32,49)   300m: 04:31,35 (01:34,88) 400m: 06:00,41 (01:29,06)					
7.	Amelie Walther	2013	Schwimm-Club Seevetal	06:01,72	261	
	100m: 01:24,27 (01:24,27)   200m: 02:56,70 (01:32,43)   300m: 04:30,24 (01:33,54) 400m: 06:01,72 (01:31,48)					
8.	Nele Stein	2013	TV Jahn Schneverdingen	06:03,42	257	
	100m: 01:20,25 (01:20,25)   200m: 02:53,91 (01:33,66)   300m: 04:29,23 (01:35,32) 400m: 06:03,42 (01:34,19)					
9.	Linja Hinrichs	2013	TSV Adendorf 1923	06:09,25	245	
	100m: 01:24,86 (01:24,86)   200m: 03:00,27 (01:35,41)   300m: 04:35,99 (01:35,72) 400m: 06:09,25 (01:33,26)					
10.	Greta Moorkamp	2013	TSV Achim 1860	06:13,11	238	
	100m: 01:27,88 (01:27,88)   200m: 03:03,00 (01:35,12)   300m: 04:39,75 (01:36,75) 400m: 06:13,11 (01:33,36)					
11.	Nia Christin Wölper	2014	SG Wiste	06:16,03	232	
	100m: 01:29,64 (01:29,64)   200m: 03:08,86 (01:39,22)   300m: 04:46,39 (01:37,53) 400m: 06:16,03 (01:29,64)					
12.	Mira-Karoline Müller	2013	Schwimm-Club Seevetal	06:19,57	226	
	100m: 01:27,42 (01:27,42)   200m: 03:05,75 (01:38,33)   300m: 04:46,25 (01:40,50) 400m: 06:19,57 (01:33,32)					
13.	Ida Stein	2013	SG Wiste	06:41,54	191	
	100m: 01:34,32 (01:34,32)   200m: 03:17,88 (01:43,56)   300m: 05:01,10 (01:43,22) 400m: 06:41,54 (01:40,44)					
14.	Katharina Linge	2015	Schwimm-Club Seevetal	06:52,00	176	
	100m: 01:32,86 (01:32,86)   200m: 03:17,34 (01:44,48)   300m: 05:03,01 (01:45,67) 400m: 06:52,00 (01:48,99)					
15.	Ziva Turowski	2015	MTV Treubund Lüneburg 1848	06:52,06	176	
	100m: 01:37,59 (01:37,59)   200m: 03:22,64 (01:45,05)   300m: 05:10,70 (01:48,06) 400m: 06:52,06 (01:41,36)					
16.	Emilia Littau	2014	TSV Achim 1860	06:56,76	170	
	100m: 01:28,82 (01:28,82)   200m: 03:14,68 (01:45,86)   300m: 05:03,42 (01:48,74) 400m: 06:56,76 (01:53,34)					
17.	Nenya Rampmeier	2014	TSV Adendorf 1923	07:01,57	165	
	100m: 01:37,75 (01:37,75)   200m: 03:29,46 (01:51,71)   300m: 05:20,62 (01:51,16) 400m: 07:01,57 (01:40,95)					
18.	Marisa Wernicke	2013	TSV Otterndorf	07:10,37	155	EnM
	100m: 01:37,40 (01:37,40)   200m: 03:29,11 (01:51,71)   300m: 05:20,93 (01:51,82) 400m: 07:10,37 (01:49,44)					
19.	Elli Kalina	2014	TSV Achim 1860	07:19,58	145	
	100m: 01:42,93 (01:42,93)   200m: 03:37,27 (01:54,34)   300m: 05:32,83 (01:55,56) 400m: 07:19,58 (01:46,75)					

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
20.	Sibel Alhrshy <i>100m: 01:34,92 (01:34,92)   200m: 03:32,54 (01:57,62)   300m: 05:34,04 (02:01,50) 400m: 07:36,21 (02:02,17)</i>	2014	ATS Cuxhaven	07:36,21	130
21.	Maria Plahin <i>100m: 01:42,28 (01:42,28)   200m: 03:44,14 (02:01,86)   300m: 05:46,84 (02:02,70) 400m: 07:44,36 (01:57,52)</i>	2014	MTV Dannenberg 1863	07:44,36	123
22.	Alea Guraj <i>100m: 01:45,62 (01:45,62)   200m: 03:47,49 (02:01,87)   300m: 05:53,81 (02:06,32) 400m: 07:57,53 (02:03,72)</i>	2015	ATS Cuxhaven	07:57,53	113
23.	Lara Hoffrichter <i>100m: 01:46,59 (01:46,59)   200m: 03:48,21 (02:01,62)   300m: 05:57,12 (02:08,91) 400m: 08:08,05 (02:10,93)</i>	2015	Schwimm-Club Seevetal	08:08,05	106
24.	Annika Kohlmann <i>100m: 01:45,17 (01:45,17)   200m: 03:52,27 (02:07,10)   300m: 06:02,27 (02:10,00) 400m: 08:08,05 (02:05,78)</i>	2015	Schwimm-Club Seevetal	08:08,05	106

**Wettkampf 6 - 1500m Freistil weiblich****Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Pheline Cohrs	2013	TV Jahn Schneverdingen	23:33,83	265
	100m: 01:26,98 (01:26,98)   200m: 03:01,63 (01:34,65)   300m: 04:36,61 (01:34,98) 400m: 06:11,20 (01:34,59)   500m: 07:43,91 (01:32,71)   600m: 09:18,09 (01:34,18) 700m: 10:52,78 (01:34,69)   800m: 12:28,00 (01:35,22)   900m: 14:03,28 (01:35,28) 1000m: 15:37,80 (01:34,52)   1100m: 17:12,36 (01:34,56)   1200m: 18:47,84 (01:35,48) 1300m: 20:24,56 (01:36,72)   1400m: 22:01,20 (01:36,64)   1500m: 23:33,83 (01:32,63)				
2.	Inneke Grantz	2013	ATS Cuxhaven	24:53,09	225
	100m: 01:32,33 (01:32,33)   200m: 03:11,77 (01:39,44)   300m: 04:53,00 (01:41,23) 400m: 06:32,56 (01:39,56)   500m: 08:16,38 (01:43,82)   600m: 09:54,93 (01:38,55) 700m: 11:35,16 (01:40,23)   800m: 13:13,93 (01:38,77)   900m: 14:53,63 (01:39,70) 1000m: 16:34,85 (01:41,22)   1100m: 18:16,45 (01:41,60)   1200m: 19:58,08 (01:41,63) 1300m: 21:38,88 (01:40,80)   1400m: 23:20,47 (01:41,59)   1500m: 24:53,09 (01:32,62)				
3.	Saya Sterz	2013	TSV Wietze	26:20,49	189
	100m: 01:29,07 (01:29,07)   200m: 03:12,75 (01:43,68)   300m: 04:59,78 (01:47,03) 400m: 06:47,11 (01:47,33)   500m: 08:34,96 (01:47,85)   600m: 10:22,74 (01:47,78) 700m: 12:11,47 (01:48,73)   800m: 14:00,29 (01:48,82)   900m: 15:47,87 (01:47,58) 1000m: 17:38,16 (01:50,29)   1100m: 19:25,76 (01:47,60)   1200m: 21:10,94 (01:45,18) 1300m: 22:59,01 (01:48,07)   1400m: 24:43,31 (01:44,30)   1500m: 26:20,49 (01:37,18)				

**Jahrgang 2011**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Madita Koppelman	2011	TSV Wietze	23:50,30	256
	100m: 01:26,18 (01:26,18)   200m: 02:58,71 (01:32,53)   300m: 04:33,08 (01:34,37) 400m: 06:09,33 (01:36,25)   500m: 07:45,05 (01:35,72)   600m: 09:22,68 (01:37,63) 700m: 10:59,18 (01:36,50)   800m: 12:35,30 (01:36,12)   900m: 14:12,27 (01:36,97) 1000m: 15:50,80 (01:38,53)   1100m: 17:26,83 (01:36,03)   1200m: 19:04,62 (01:37,79) 1300m: 20:41,99 (01:37,37)   1400m: 22:17,96 (01:35,97)   1500m: 23:50,30 (01:32,34)				
2.	Charlotta Hannemann	2011	SG Wiste	26:15,38	191
	100m: 01:37,50 (01:37,50)   200m: 03:23,71 (01:46,21)   300m: 05:09,03 (01:45,32) 400m: 06:55,83 (01:46,80)   500m: 08:42,53 (01:46,70)   600m: 10:28,28 (01:45,75) 700m: 12:14,90 (01:46,62)   800m: 14:00,80 (01:45,90)   900m: 15:47,20 (01:46,40) 1000m: 17:35,36 (01:48,16)   1100m: 19:20,06 (01:44,70)   1200m: 21:07,66 (01:47,60) 1300m: 22:53,50 (01:45,84)   1400m: 24:37,63 (01:44,13)   1500m: 26:15,38 (01:37,75)				

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Alexa Steep	2010	TSV Adendorf 1923	22:13,74	315
	100m: 01:16,94 (01:16,94)   200m: 02:44,55 (01:27,61)   300m: 04:13,65 (01:29,10) 400m: 05:43,87 (01:30,22)   500m: 07:15,21 (01:31,34)   600m: 08:47,97 (01:32,76) 700m: 10:18,32 (01:30,35)   800m: 11:48,24 (01:29,92)   900m: 13:18,93 (01:30,69) 1000m: 14:49,32 (01:30,39)   1100m: 16:19,61 (01:30,29)   1200m: 17:51,78 (01:32,17) 1300m: 19:21,97 (01:30,19)   1400m: 20:51,61 (01:29,64)   1500m: 22:13,74 (01:22,13)				

**Jahrgang 2009**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Mia Spillner	2009	TuS Rotenburg 1861	18:53,78	514
	100m: 01:08,35 (01:08,35)   200m: 02:21,92 (01:13,57)   300m: 03:36,26 (01:14,34) 400m: 04:51,61 (01:15,35)   500m: 06:07,60 (01:15,99)   600m: 07:24,15 (01:16,55) 700m: 08:40,80 (01:16,65)   800m: 09:57,20 (01:16,40)   900m: 11:14,55 (01:17,35) 1000m: 12:31,83 (01:17,28)   1100m: 13:52,02 (01:20,19)   1200m: 15:11,44 (01:19,42) 1300m: 16:28,40 (01:16,96)   1400m: 17:44,78 (01:16,38)   1500m: 18:53,78 (01:09,00)				

**Jahrgang 2008**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin					
	Greta Bannöhr	2008	MTV Dannenberg 1863	20:19,84	412
	100m: 01:13,91 (01:13,91)   200m: 02:34,87 (01:20,96)   300m: 03:57,44 (01:22,57) 400m: 05:18,59 (01:21,15)   500m: 06:40,91 (01:22,32)   600m: 08:02,56 (01:21,65) 700m: 09:24,22 (01:21,66)   800m: 10:45,87 (01:21,65)   900m: 12:09,00 (01:23,13) 1000m: 13:31,47 (01:22,47)   1100m: 14:54,62 (01:23,15)   1200m: 16:17,56 (01:22,94) 1300m: 17:40,62 (01:23,06)   1400m: 19:02,34 (01:21,72)   1500m: 20:19,84 (01:17,50)				
2.					
	Laney Kiara Pinnow	2008	Schwimm-Club Seevetal	20:44,60	388
	100m: 01:14,12 (01:14,12)   200m: 02:36,05 (01:21,93)   300m: 03:58,20 (01:22,15) 400m: 05:18,90 (01:20,70)   500m: 06:41,56 (01:22,66)   600m: 08:05,95 (01:24,39) 700m: 09:31,95 (01:26,00)   800m: 10:56,68 (01:24,73)   900m: 12:20,53 (01:23,85) 1000m: 13:45,04 (01:24,51)   1100m: 15:09,56 (01:24,52)   1200m: 16:34,75 (01:25,19) 1300m: 18:00,24 (01:25,49)   1400m: 19:25,18 (01:24,94)   1500m: 20:44,60 (01:19,42)				
3.					
	Lena Krüger	2008	MTV Dannenberg 1863	23:18,10	274
	100m: 01:25,09 (01:25,09)   200m: 02:58,19 (01:33,10)   300m: 04:32,82 (01:34,63) 400m: 06:07,57 (01:34,75)   500m: 07:41,91 (01:34,34)   600m: 09:16,66 (01:34,75) 700m: 10:51,66 (01:35,00)   800m: 12:26,76 (01:35,10)   900m: 14:00,70 (01:33,94) 1000m: 15:35,38 (01:34,68)   1100m: 17:09,79 (01:34,41)   1200m: 18:44,06 (01:34,27) 1300m: 20:17,16 (01:33,10)   1400m: 21:49,53 (01:32,37)   1500m: 23:18,10 (01:28,57)				
4.					
	Mira Turowski	2008	MTV Treubund Lüneburg 1848	24:31,09	235
	100m: 01:23,89 (01:23,89)   200m: 02:57,43 (01:33,54)   300m: 04:33,12 (01:35,69) 400m: 06:09,45 (01:36,33)   500m: 07:48,17 (01:38,72)   600m: 09:28,19 (01:40,02) 700m: 11:08,34 (01:40,15)   800m: 12:49,57 (01:41,23)   900m: 14:30,68 (01:41,11) 1000m: 16:09,67 (01:38,99)   1100m: 17:50,04 (01:40,37)   1200m: 19:31,42 (01:41,38) 1300m: 21:13,62 (01:42,20)   1400m: 22:53,73 (01:40,11)   1500m: 24:31,09 (01:37,36)				

**Juniorinnen**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeisterin Juniorinnen					
	Jenna Sophie Behrens	2007	TuS Rotenburg 1861	22:21,64	310
	100m: 01:19,72 (01:19,72)   200m: 02:47,06 (01:27,34)   300m: 04:15,27 (01:28,21) 400m: 05:44,11 (01:28,84)   500m: 07:13,63 (01:29,52)   600m: 08:43,75 (01:30,12) 700m: 10:14,80 (01:31,05)   800m: 11:46,09 (01:31,29)   900m: 13:16,82 (01:30,73) 1000m: 14:50,10 (01:33,28)   1100m: 16:22,48 (01:32,38)   1200m: 17:53,22 (01:30,74) 1300m: 19:24,64 (01:31,42)   1400m: 20:54,94 (01:30,30)   1500m: 22:21,64 (01:26,70)				

**Offene Wertung**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeisterin					
	Mia Spillner	2009	TuS Rotenburg 1861	18:53,78	514
	100m: 01:08,35 (01:08,35)   200m: 02:21,92 (01:13,57)   300m: 03:36,26 (01:14,34) 400m: 04:51,61 (01:15,35)   500m: 06:07,60 (01:15,99)   600m: 07:24,15 (01:16,55) 700m: 08:40,80 (01:16,65)   800m: 09:57,20 (01:16,40)   900m: 11:14,55 (01:17,35) 1000m: 12:31,83 (01:17,28)   1100m: 13:52,02 (01:20,19)   1200m: 15:11,44 (01:19,42) 1300m: 16:28,40 (01:16,96)   1400m: 17:44,78 (01:16,38)   1500m: 18:53,78 (01:09,00)				
2.					
	Greta Bannöhr	2008	MTV Dannenberg 1863	20:19,84	412
	100m: 01:13,91 (01:13,91)   200m: 02:34,87 (01:20,96)   300m: 03:57,44 (01:22,57) 400m: 05:18,59 (01:21,15)   500m: 06:40,91 (01:22,32)   600m: 08:02,56 (01:21,65) 700m: 09:24,22 (01:21,66)   800m: 10:45,87 (01:21,65)   900m: 12:09,00 (01:23,13) 1000m: 13:31,47 (01:22,47)   1100m: 14:54,62 (01:23,15)   1200m: 16:17,56 (01:22,94) 1300m: 17:40,62 (01:23,06)   1400m: 19:02,34 (01:21,72)   1500m: 20:19,84 (01:17,50)				
3.					
	Laney Kiara Pinnow	2008	Schwimm-Club Seevetal	20:44,60	388
	100m: 01:14,12 (01:14,12)   200m: 02:36,05 (01:21,93)   300m: 03:58,20 (01:22,15) 400m: 05:18,90 (01:20,70)   500m: 06:41,56 (01:22,66)   600m: 08:05,95 (01:24,39) 700m: 09:31,95 (01:26,00)   800m: 10:56,68 (01:24,73)   900m: 12:20,53 (01:23,85) 1000m: 13:45,04 (01:24,51)   1100m: 15:09,56 (01:24,52)   1200m: 16:34,75 (01:25,19) 1300m: 18:00,24 (01:25,49)   1400m: 19:25,18 (01:24,94)   1500m: 20:44,60 (01:19,42)				



Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
4.	Alexa Steep	2010	TSV Adendorf 1923	22:13,74	315
	100m: 01:16,94 (01:16,94)   200m: 02:44,55 (01:27,61)   300m: 04:13,65 (01:29,10) 400m: 05:43,87 (01:30,22)   500m: 07:15,21 (01:31,34)   600m: 08:47,97 (01:32,76) 700m: 10:18,32 (01:30,35)   800m: 11:48,24 (01:29,92)   900m: 13:18,93 (01:30,69) 1000m: 14:49,32 (01:30,39)   1100m: 16:19,61 (01:30,29)   1200m: 17:51,78 (01:32,17) 1300m: 19:21,97 (01:30,19)   1400m: 20:51,61 (01:29,64)   1500m: 22:13,74 (01:22,13)				
5.	Jenna Sophie Behrens	2007	TuS Rotenburg 1861	22:21,64	310
	100m: 01:19,72 (01:19,72)   200m: 02:47,06 (01:27,34)   300m: 04:15,27 (01:28,21) 400m: 05:44,11 (01:28,84)   500m: 07:13,63 (01:29,52)   600m: 08:43,75 (01:30,12) 700m: 10:14,80 (01:31,05)   800m: 11:46,09 (01:31,29)   900m: 13:16,82 (01:30,73) 1000m: 14:50,10 (01:33,28)   1100m: 16:22,48 (01:32,38)   1200m: 17:53,22 (01:30,74) 1300m: 19:24,64 (01:31,42)   1400m: 20:54,94 (01:30,30)   1500m: 22:21,64 (01:26,70)				
6.	Lena Krüger	2008	MTV Dannenberg 1863	23:18,10	274
	100m: 01:25,09 (01:25,09)   200m: 02:58,19 (01:33,10)   300m: 04:32,82 (01:34,63) 400m: 06:07,57 (01:34,75)   500m: 07:41,91 (01:34,34)   600m: 09:16,66 (01:34,75) 700m: 10:51,66 (01:35,00)   800m: 12:26,76 (01:35,10)   900m: 14:00,70 (01:33,94) 1000m: 15:35,38 (01:34,68)   1100m: 17:09,79 (01:34,41)   1200m: 18:44,06 (01:34,27) 1300m: 20:17,16 (01:33,10)   1400m: 21:49,53 (01:32,37)   1500m: 23:18,10 (01:28,57)				
7.	Pheline Cohrs	2013	TV Jahn Schneverdingen	23:33,83	265
	100m: 01:26,98 (01:26,98)   200m: 03:01,63 (01:34,65)   300m: 04:36,61 (01:34,98) 400m: 06:11,20 (01:34,59)   500m: 07:43,91 (01:32,71)   600m: 09:18,09 (01:34,18) 700m: 10:52,78 (01:34,69)   800m: 12:28,00 (01:35,22)   900m: 14:03,28 (01:35,28) 1000m: 15:37,80 (01:34,52)   1100m: 17:12,36 (01:34,56)   1200m: 18:47,84 (01:35,48) 1300m: 20:24,56 (01:36,72)   1400m: 22:01,20 (01:36,64)   1500m: 23:33,83 (01:32,63)				
8.	Madita Koppelman	2011	TSV Wietze	23:50,30	256
	100m: 01:26,18 (01:26,18)   200m: 02:58,71 (01:32,53)   300m: 04:33,08 (01:34,37) 400m: 06:09,33 (01:36,25)   500m: 07:45,05 (01:35,72)   600m: 09:22,68 (01:37,63) 700m: 10:59,18 (01:36,50)   800m: 12:35,30 (01:36,12)   900m: 14:12,27 (01:36,97) 1000m: 15:50,80 (01:38,53)   1100m: 17:26,83 (01:36,03)   1200m: 19:04,62 (01:37,79) 1300m: 20:41,99 (01:37,37)   1400m: 22:17,96 (01:35,97)   1500m: 23:50,30 (01:32,34)				
9.	Mira Turowski	2008	MTV Treubund Lüneburg 1848	24:31,09	235
	100m: 01:23,89 (01:23,89)   200m: 02:57,43 (01:33,54)   300m: 04:33,12 (01:35,69) 400m: 06:09,45 (01:36,33)   500m: 07:48,17 (01:38,72)   600m: 09:28,19 (01:40,02) 700m: 11:08,34 (01:40,15)   800m: 12:49,57 (01:41,23)   900m: 14:30,68 (01:41,11) 1000m: 16:09,67 (01:38,99)   1100m: 17:50,04 (01:40,37)   1200m: 19:31,42 (01:41,38) 1300m: 21:13,62 (01:42,20)   1400m: 22:53,73 (01:40,11)   1500m: 24:31,09 (01:37,36)				
10.	Inneke Grantz	2013	ATS Cuxhaven	24:53,09	225
	100m: 01:32,33 (01:32,33)   200m: 03:11,77 (01:39,44)   300m: 04:53,00 (01:41,23) 400m: 06:32,56 (01:39,56)   500m: 08:16,38 (01:43,82)   600m: 09:54,93 (01:38,55) 700m: 11:35,16 (01:40,23)   800m: 13:13,93 (01:38,77)   900m: 14:53,63 (01:39,70) 1000m: 16:34,85 (01:41,22)   1100m: 18:16,45 (01:41,60)   1200m: 19:58,08 (01:41,63) 1300m: 21:38,88 (01:40,80)   1400m: 23:20,47 (01:41,59)   1500m: 24:53,09 (01:32,62)				
11.	Céline Laurel Herrmann	2004	MTV Treubund Lüneburg 1848	25:02,31	220
	100m: 01:24,19 (01:24,19)   200m: 03:01,41 (01:37,22)   300m: 04:41,87 (01:40,46) 400m: 06:22,97 (01:41,10)   500m: 08:04,75 (01:41,78)   600m: 09:48,53 (01:43,78) 700m: 11:32,12 (01:43,59)   800m: 13:15,97 (01:43,85)   900m: 15:00,53 (01:44,56) 1000m: 16:42,37 (01:41,84)   1100m: 18:23,47 (01:41,10)   1200m: 20:05,25 (01:41,78) 1300m: 21:46,37 (01:41,12)   1400m: 23:26,97 (01:40,60)   1500m: 25:02,31 (01:35,34)				
12.	Charlotta Hannemann	2011	SG Wiste	26:15,38	191
	100m: 01:37,50 (01:37,50)   200m: 03:23,71 (01:46,21)   300m: 05:09,03 (01:45,32) 400m: 06:55,83 (01:46,80)   500m: 08:42,53 (01:46,70)   600m: 10:28,28 (01:45,75) 700m: 12:14,90 (01:46,62)   800m: 14:00,80 (01:45,90)   900m: 15:47,20 (01:46,40) 1000m: 17:35,36 (01:48,16)   1100m: 19:20,06 (01:44,70)   1200m: 21:07,66 (01:47,60) 1300m: 22:53,50 (01:45,84)   1400m: 24:37,63 (01:44,13)   1500m: 26:15,38 (01:37,75)				
13.	Saya Sterz	2013	TSV Wietze	26:20,49	189
	100m: 01:29,07 (01:29,07)   200m: 03:12,75 (01:43,68)   300m: 04:59,78 (01:47,03) 400m: 06:47,11 (01:47,33)   500m: 08:34,96 (01:47,85)   600m: 10:22,74 (01:47,78) 700m: 12:11,47 (01:48,73)   800m: 14:00,29 (01:48,82)   900m: 15:47,87 (01:47,58) 1000m: 17:38,16 (01:50,29)   1100m: 19:25,76 (01:47,60)   1200m: 21:10,94 (01:45,18) 1300m: 22:59,01 (01:48,07)   1400m: 24:43,31 (01:44,30)   1500m: 26:20,49 (01:37,18)				

**Wettkampf 7 - 1500m Freistil männlich****Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Freerk Lauf	2014	Schwimm-Club Seevetal	21:39,73	276
	100m: 01:21,42 (01:21,42)   200m: 02:49,63 (01:28,21)   300m: 04:19,58 (01:29,95)				
	400m: 05:47,84 (01:28,26)   500m: 07:15,23 (01:27,39)   600m: 08:42,48 (01:27,25)				
	700m: 10:10,76 (01:28,28)   800m: 11:38,41 (01:27,65)   900m: 13:05,48 (01:27,07)				
	1000m: 14:32,98 (01:27,50)   1100m: 16:00,16 (01:27,18)   1200m: 17:25,91 (01:25,75)				
	1300m: 18:52,20 (01:26,29)   1400m: 20:17,60 (01:25,40)   1500m: 21:39,73 (01:22,13)				

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Benedict Menk	2013	Schwimm-Club Seevetal	22:42,40	240
	100m: 01:21,39 (01:21,39)   200m: 02:50,55 (01:29,16)   300m: 04:22,84 (01:32,29)				
	400m: 05:55,97 (01:33,13)   500m: 07:27,70 (01:31,73)   600m: 09:00,01 (01:32,31)				
	700m: 10:32,32 (01:32,31)   800m: 12:04,90 (01:32,58)   900m: 13:36,62 (01:31,72)				
	1000m: 15:09,21 (01:32,59)   1100m: 16:41,67 (01:32,46)   1200m: 18:14,82 (01:33,15)				
	1300m: 19:46,59 (01:31,77)   1400m: 21:18,01 (01:31,42)   1500m: 22:42,40 (01:24,39)				

abgemeldet

Finn Reymers 2013 ATS Cuxhaven

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Trutz Brand	2012	Schwimm-Club Seevetal	22:00,90	263
	100m: 01:19,93 (01:19,93)   200m: 02:47,81 (01:27,88)   300m: 04:16,40 (01:28,59)				
	400m: 05:46,37 (01:29,97)   500m: 07:15,03 (01:28,66)   600m: 08:44,71 (01:29,68)				
	700m: 10:14,68 (01:29,97)   800m: 11:43,93 (01:29,25)   900m: 13:13,40 (01:29,47)				
	1000m: 14:43,18 (01:29,78)   1100m: 16:10,43 (01:27,25)   1200m: 17:41,50 (01:31,07)				
	1300m: 19:11,34 (01:29,84)   1400m: 20:40,84 (01:29,50)   1500m: 22:00,90 (01:20,06)				
2.	Marik Fraas	2012	TSV Adendorf 1923	25:39,25	166
	100m: 01:31,36 (01:31,36)   200m: 03:12,47 (01:41,11)   300m: 04:54,36 (01:41,89)				
	400m: 06:37,37 (01:43,01)   500m: 08:22,08 (01:44,71)   600m: 10:08,35 (01:46,27)				
	700m: 11:52,58 (01:44,23)   800m: 13:37,30 (01:44,72)   900m: 15:23,31 (01:46,01)				
	1000m: 17:07,58 (01:44,27)   1100m: 18:51,65 (01:44,07)   1200m: 20:35,43 (01:43,78)				
	1300m: 22:20,73 (01:45,30)   1400m: 24:02,83 (01:42,10)   1500m: 25:39,25 (01:36,42)				

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Jannik Fraas	2010	TSV Adendorf 1923	19:52,47	358
	100m: 01:12,07 (01:12,07)   200m: 02:31,44 (01:19,37)   300m: 03:50,70 (01:19,26)				
	400m: 05:11,18 (01:20,48)   500m: 06:32,40 (01:21,22)   600m: 07:53,78 (01:21,38)				
	700m: 09:14,71 (01:20,93)   800m: 10:35,22 (01:20,51)   900m: 11:55,02 (01:19,80)				
	1000m: 13:14,81 (01:19,79)   1100m: 14:34,90 (01:20,09)   1200m: 15:55,61 (01:20,71)				
	1300m: 17:15,81 (01:20,20)   1400m: 18:35,68 (01:19,87)   1500m: 19:52,47 (01:16,79)				
2.	Tammo Stenzel	2010	TSV Adendorf 1923	22:00,13	264
	100m: 01:15,26 (01:15,26)   200m: 02:39,85 (01:24,59)   300m: 04:05,70 (01:25,85)				
	400m: 05:33,22 (01:27,52)   500m: 07:00,57 (01:27,35)   600m: 08:28,54 (01:27,97)				
	700m: 09:59,09 (01:30,55)   800m: 11:29,16 (01:30,07)   900m: 12:59,51 (01:30,35)				
	1000m: 14:29,64 (01:30,13)   1100m: 16:00,54 (01:30,90)   1200m: 17:32,20 (01:31,66)				
	1300m: 19:02,85 (01:30,65)   1400m: 20:31,89 (01:29,04)   1500m: 22:00,13 (01:28,24)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
3.	Erik Nemitz	2010	TSV Wietze	22:24,67	249
	100m: 01:18,54 (01:18,54)   200m: 02:47,75 (01:29,21)   300m: 04:20,39 (01:32,64) 400m: 05:52,35 (01:31,96)   500m: 07:25,75 (01:33,40)   600m: 08:56,27 (01:30,52) 700m: 10:24,37 (01:28,10)   800m: 11:53,54 (01:29,17)   900m: 13:22,19 (01:28,65) 1000m: 14:51,48 (01:29,29)   1100m: 16:22,19 (01:30,71)   1200m: 17:53,37 (01:31,18) 1300m: 19:24,70 (01:31,33)   1400m: 20:57,59 (01:32,89)   1500m: 22:24,67 (01:27,08)				
	<u>abgemeldet</u>				
	Anton Hartig	2010	ATS Cuxhaven		
	Till Gerhard	2010	TSV Wietze		

## Jahrgang 2009

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
	<u>abgemeldet</u>				
	Felix Schwarz	2009	MTV Dannenberg 1863		

## Jahrgang 2008

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Tomke Stenzel	2008	TSV Adendorf 1923	20:28,39	327
	100m: 01:13,19 (01:13,19)   200m: 02:35,93 (01:22,74)   300m: 03:59,86 (01:23,93) 400m: 05:23,13 (01:23,27)   500m: 06:43,59 (01:20,46)   600m: 08:06,76 (01:23,17) 700m: 09:29,48 (01:22,72)   800m: 10:52,75 (01:23,27)   900m: 12:15,04 (01:22,29) 1000m: 13:38,01 (01:22,97)   1100m: 15:00,25 (01:22,24)   1200m: 16:21,17 (01:20,92) 1300m: 17:44,62 (01:23,45)   1400m: 19:08,84 (01:24,22)   1500m: 20:28,39 (01:19,55)				

## Junioren

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeister Junioren	Jonas Jahrneik	2007	MTV Dannenberg 1863	18:57,48	412
	100m: 01:09,87 (01:09,87)   200m: 02:26,58 (01:16,71)   300m: 03:44,24 (01:17,66) 400m: 05:02,53 (01:18,29)   500m: 06:20,37 (01:17,84)   600m: 07:37,44 (01:17,07) 700m: 08:53,97 (01:16,53)   800m: 10:10,92 (01:16,95)   900m: 11:26,87 (01:15,95) 1000m: 12:42,56 (01:15,69)   1100m: 13:59,19 (01:16,63)   1200m: 15:13,93 (01:14,74) 1300m: 16:29,13 (01:15,20)   1400m: 17:44,26 (01:15,13)   1500m: 18:57,48 (01:13,22)				
2.	Erik Steep	2006	TSV Adendorf 1923	19:41,34	368
	100m: 01:09,47 (01:09,47)   200m: 02:26,36 (01:16,89)   300m: 03:43,95 (01:17,59) 400m: 05:02,18 (01:18,23)   500m: 06:21,20 (01:19,02)   600m: 07:39,65 (01:18,45) 700m: 08:59,93 (01:20,28)   800m: 10:20,43 (01:20,50)   900m: 11:40,67 (01:20,24) 1000m: 13:01,86 (01:21,19)   1100m: 14:23,41 (01:21,55)   1200m: 15:43,98 (01:20,57) 1300m: 17:03,93 (01:19,95)   1400m: 18:23,05 (01:19,12)   1500m: 19:41,34 (01:18,29)				
3.	Bogdan Kopytsia	2007	TuS Rotenburg 1861	20:24,56	330
	100m: 01:14,72 (01:14,72)   200m: 02:37,55 (01:22,83)   300m: 04:00,85 (01:23,30) 400m: 05:24,87 (01:24,02)   500m: 06:48,51 (01:23,64)   600m: 08:11,31 (01:22,80) 700m: 09:34,29 (01:22,98)   800m: 10:58,16 (01:23,87)   900m: 12:21,21 (01:23,05) 1000m: 13:44,61 (01:23,40)   1100m: 15:07,57 (01:22,96)   1200m: 16:28,28 (01:20,71) 1300m: 17:50,07 (01:21,79)   1400m: 19:10,05 (01:19,98)   1500m: 20:24,56 (01:14,51)				

## Offen Wertung

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeister	Mike George	1988	Blau-Weiss Buchholz	18:54,72	415
	100m: 01:10,12 (01:10,12)   200m: 02:24,56 (01:14,44)   300m: 03:40,28 (01:15,72) 400m: 04:55,94 (01:15,66)   500m: 06:11,94 (01:16,00)   600m: 07:27,40 (01:15,46) 700m: 08:43,65 (01:16,25)   800m: 10:00,22 (01:16,57)   900m: 11:17,59 (01:17,37) 1000m: 12:34,62 (01:17,03)   1100m: 13:51,97 (01:17,35)   1200m: 15:08,87 (01:16,90) 1300m: 16:25,59 (01:16,72)   1400m: 17:41,65 (01:16,06)   1500m: 18:54,72 (01:13,07)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
2.	Jonas Jahrneik	2007	MTV Dannenberg 1863	18:57,48	412
	100m: 01:09,87 (01:09,87)   200m: 02:26,58 (01:16,71)   300m: 03:44,24 (01:17,66) 400m: 05:02,53 (01:18,29)   500m: 06:20,37 (01:17,84)   600m: 07:37,44 (01:17,07) 700m: 08:53,97 (01:16,53)   800m: 10:10,92 (01:16,95)   900m: 11:26,87 (01:15,95) 1000m: 12:42,56 (01:15,69)   1100m: 13:59,19 (01:16,63)   1200m: 15:13,93 (01:14,74) 1300m: 16:29,13 (01:15,20)   1400m: 17:44,26 (01:15,13)   1500m: 18:57,48 (01:13,22)				
3.	Erik Steep	2006	TSV Adendorf 1923	19:41,34	368
	100m: 01:09,47 (01:09,47)   200m: 02:26,36 (01:16,89)   300m: 03:43,95 (01:17,59) 400m: 05:02,18 (01:18,23)   500m: 06:21,20 (01:19,02)   600m: 07:39,65 (01:18,45) 700m: 08:59,93 (01:20,28)   800m: 10:20,43 (01:20,50)   900m: 11:40,67 (01:20,24) 1000m: 13:01,86 (01:21,19)   1100m: 14:23,41 (01:21,55)   1200m: 15:43,98 (01:20,57) 1300m: 17:03,93 (01:19,95)   1400m: 18:23,05 (01:19,12)   1500m: 19:41,34 (01:18,29)				
4.	Jannik Fraas	2010	TSV Adendorf 1923	19:52,47	358
	100m: 01:12,07 (01:12,07)   200m: 02:31,44 (01:19,37)   300m: 03:50,70 (01:19,26) 400m: 05:11,18 (01:20,48)   500m: 06:32,40 (01:21,22)   600m: 07:53,78 (01:21,38) 700m: 09:14,71 (01:20,93)   800m: 10:35,22 (01:20,51)   900m: 11:55,02 (01:19,80) 1000m: 13:14,81 (01:19,79)   1100m: 14:34,90 (01:20,09)   1200m: 15:55,61 (01:20,71) 1300m: 17:15,81 (01:20,20)   1400m: 18:35,68 (01:19,87)   1500m: 19:52,47 (01:16,79)				
5.	Jannik Pigorsch	2005	TSV Otterndorf	20:13,17	340
	100m: 01:11,68 (01:11,68)   200m: 02:28,85 (01:17,17)   300m: 03:49,33 (01:20,48) 400m: 05:11,56 (01:22,23)   500m: 06:32,94 (01:21,38)   600m: 07:55,82 (01:22,88) 700m: 09:18,28 (01:22,46)   800m: 10:40,00 (01:21,72)   900m: 12:00,99 (01:20,99) 1000m: 13:24,05 (01:23,06)   1100m: 14:46,79 (01:22,74)   1200m: 16:10,31 (01:23,52) 1300m: 17:32,56 (01:22,25)   1400m: 18:54,04 (01:21,48)   1500m: 20:13,17 (01:19,13)				
6.	Bogdan Kopytsia	2007	TuS Rotenburg 1861	20:24,56	330
	100m: 01:14,72 (01:14,72)   200m: 02:37,55 (01:22,83)   300m: 04:00,85 (01:23,30) 400m: 05:24,87 (01:24,02)   500m: 06:48,51 (01:23,64)   600m: 08:11,31 (01:22,80) 700m: 09:34,29 (01:22,98)   800m: 10:58,16 (01:23,87)   900m: 12:21,21 (01:23,05) 1000m: 13:44,61 (01:23,40)   1100m: 15:07,57 (01:22,96)   1200m: 16:28,28 (01:20,71) 1300m: 17:50,07 (01:21,79)   1400m: 19:10,05 (01:19,98)   1500m: 20:24,56 (01:14,51)				
7.	Tomke Stenzel	2008	TSV Adendorf 1923	20:28,39	327
	100m: 01:13,19 (01:13,19)   200m: 02:35,93 (01:22,74)   300m: 03:59,86 (01:23,93) 400m: 05:23,13 (01:23,27)   500m: 06:43,59 (01:20,46)   600m: 08:06,76 (01:23,17) 700m: 09:29,48 (01:22,72)   800m: 10:52,75 (01:23,27)   900m: 12:15,04 (01:22,29) 1000m: 13:38,01 (01:22,97)   1100m: 15:00,25 (01:22,24)   1200m: 16:21,17 (01:20,92) 1300m: 17:44,62 (01:23,45)   1400m: 19:08,84 (01:24,22)   1500m: 20:28,39 (01:19,55)				
8.	Freerk Lauf	2014	Schwimm-Club Seevetal	21:39,73	276
	100m: 01:21,42 (01:21,42)   200m: 02:49,63 (01:28,21)   300m: 04:19,58 (01:29,95) 400m: 05:47,84 (01:28,26)   500m: 07:15,23 (01:27,39)   600m: 08:42,48 (01:27,25) 700m: 10:10,76 (01:28,28)   800m: 11:38,41 (01:27,65)   900m: 13:05,48 (01:27,07) 1000m: 14:32,98 (01:27,50)   1100m: 16:00,16 (01:27,18)   1200m: 17:25,91 (01:25,75) 1300m: 18:52,20 (01:26,29)   1400m: 20:17,60 (01:25,40)   1500m: 21:39,73 (01:22,13)				
9.	Tammo Stenzel	2010	TSV Adendorf 1923	22:00,13	264
	100m: 01:15,26 (01:15,26)   200m: 02:39,85 (01:24,59)   300m: 04:05,70 (01:25,85) 400m: 05:33,22 (01:27,52)   500m: 07:00,57 (01:27,35)   600m: 08:28,54 (01:27,97) 700m: 09:59,09 (01:30,55)   800m: 11:29,16 (01:30,07)   900m: 12:59,51 (01:30,35) 1000m: 14:29,64 (01:30,13)   1100m: 16:00,54 (01:30,90)   1200m: 17:32,20 (01:31,66) 1300m: 19:02,85 (01:30,65)   1400m: 20:31,89 (01:29,04)   1500m: 22:00,13 (01:28,24)				
10.	Trutz Brand	2012	Schwimm-Club Seevetal	22:00,90	263
	100m: 01:19,93 (01:19,93)   200m: 02:47,81 (01:27,88)   300m: 04:16,40 (01:28,59) 400m: 05:46,37 (01:29,97)   500m: 07:15,03 (01:28,66)   600m: 08:44,71 (01:29,68) 700m: 10:14,68 (01:29,97)   800m: 11:43,93 (01:29,25)   900m: 13:13,40 (01:29,47) 1000m: 14:43,18 (01:29,78)   1100m: 16:10,43 (01:27,25)   1200m: 17:41,50 (01:31,07) 1300m: 19:11,34 (01:29,84)   1400m: 20:40,84 (01:29,50)   1500m: 22:00,90 (01:20,06)				
11.	Erik Nemitz	2010	TSV Wietze	22:24,67	249
	100m: 01:18,54 (01:18,54)   200m: 02:47,75 (01:29,21)   300m: 04:20,39 (01:32,64) 400m: 05:52,35 (01:31,96)   500m: 07:25,75 (01:33,40)   600m: 08:56,27 (01:30,52) 700m: 10:24,37 (01:28,10)   800m: 11:53,54 (01:29,17)   900m: 13:22,19 (01:28,65) 1000m: 14:51,48 (01:29,29)   1100m: 16:22,19 (01:30,71)   1200m: 17:53,37 (01:31,18) 1300m: 19:24,70 (01:31,33)   1400m: 20:57,59 (01:32,89)   1500m: 22:24,67 (01:27,08)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
12.	Benedict Menk	2013	Schwimm-Club Seevetal	22:42,40	240
	<i>100m: 01:21,39 (01:21,39)   200m: 02:50,55 (01:29,16)   300m: 04:22,84 (01:32,29)</i> <i>400m: 05:55,97 (01:33,13)   500m: 07:27,70 (01:31,73)   600m: 09:00,01 (01:32,31)</i> <i>700m: 10:32,32 (01:32,31)   800m: 12:04,90 (01:32,58)   900m: 13:36,62 (01:31,72)</i> <i>1000m: 15:09,21 (01:32,59)   1100m: 16:41,67 (01:32,46)   1200m: 18:14,82 (01:33,15)</i> <i>1300m: 19:46,59 (01:31,77)   1400m: 21:18,01 (01:31,42)   1500m: 22:42,40 (01:24,39)</i>				
13.	Marik Fraas	2012	TSV Adendorf 1923	25:39,25	166
	<i>100m: 01:31,36 (01:31,36)   200m: 03:12,47 (01:41,11)   300m: 04:54,36 (01:41,89)</i> <i>400m: 06:37,37 (01:43,01)   500m: 08:22,08 (01:44,71)   600m: 10:08,35 (01:46,27)</i> <i>700m: 11:52,58 (01:44,23)   800m: 13:37,30 (01:44,72)   900m: 15:23,31 (01:46,01)</i> <i>1000m: 17:07,58 (01:44,27)   1100m: 18:51,65 (01:44,07)   1200m: 20:35,43 (01:43,78)</i> <i>1300m: 22:20,73 (01:45,30)   1400m: 24:02,83 (01:42,10)   1500m: 25:39,25 (01:36,42)</i>				

**Wettkampf 8 - 400m Lagen weiblich****Jahrgang 2014**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Greta Kleinfeld	2014	TSV Wietze	07:43,54	174
	100m: 02:03,72 (02:03,72)   200m: 03:55,31 (01:51,59)   300m: 06:01,52 (02:06,21) 400m: 07:43,54 (01:42,02)				
	<u>nicht am Start</u>				
	Lia Gerberding	2014	TSV Wietze		

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Amelie Walther	2013	Schwimm-Club Seevetal	06:36,56	278
	100m: 01:38,27 (01:38,27)   200m: 03:20,94 (01:42,67)   300m: 05:07,64 (01:46,70) 400m: 06:36,56 (01:28,92)				
2.	Inneke Grantz	2013	ATS Cuxhaven	07:12,07	215
	100m: 01:46,70 (01:46,70)   200m: 03:32,31 (01:45,61)   300m: 05:37,32 (02:05,01) 400m: 07:12,07 (01:34,75)				
3.	Saya Sterz	2013	TSV Wietze	07:18,82	205
	100m: 01:45,74 (01:45,74)   200m: 03:37,65 (01:51,91)   300m: 05:36,54 (01:58,89) 400m: 07:18,82 (01:42,28)				
	<u>abgemeldet</u>				
	Amelie Schneider	2013	Schwimm-Club Seevetal		

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Jana Ina Bartels	2012	Schwimm-Club Seevetal	07:37,97	180
	100m: 01:40,75 (01:40,75)   200m: 03:33,20 (01:52,45)   300m: 05:45,75 (02:12,55) 400m: 07:37,97 (01:52,22)				
2.	Antonia Littau	2012	TSV Achim 1860	07:39,44	179
	100m: 01:52,52 (01:52,52)   200m: 03:49,52 (01:57,00)   300m: 05:51,22 (02:01,70) 400m: 07:39,44 (01:48,22)				

**Jahrgang 2011**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	06:21,84	311
	100m: 01:32,15 (01:32,15)   200m: 03:07,13 (01:34,98)   300m: 05:00,50 (01:53,37) 400m: 06:21,84 (01:21,34)				
2.	Caroline Fischer	2011	MTV Dannenberg 1863	06:22,16	311
	100m: 01:28,61 (01:28,61)   200m: 03:06,74 (01:38,13)   300m: 04:58,29 (01:51,55) 400m: 06:22,16 (01:23,87)				
3.	Madita Koppelman	2011	TSV Wietze	06:38,42	274
	100m: 01:38,24 (01:38,24)   200m: 03:17,14 (01:38,90)   300m: 05:10,93 (01:53,79) 400m: 06:38,42 (01:27,49)				

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Lara Gandert	2010	SG Wiste	06:46,90	257
	100m: 01:37,80 (01:37,80)   200m: 03:17,18 (01:39,38)   300m: 05:12,99 (01:55,81) 400m: 06:46,90 (01:33,91)				

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
2.	Ava Oertzen 100m: 01:39,53 (01:39,53)   200m: 03:24,16 (01:44,63)   300m: 05:19,28 (01:55,12) 400m: 06:48,38 (01:29,10)	2010	SG Wiste	06:48,38	254
3.	Ida Tiedgen 100m: 01:47,25 (01:47,25)   200m: 03:31,77 (01:44,52)   300m: 05:28,94 (01:57,17) 400m: 07:05,27 (01:36,33)	2010	Schwimm-Club Seevetal	07:05,27	225
	<u>disqualifiziert</u> Lena Gandert Hat bei der 1. Wende in der Rückenteilstrecke die Wende nach der Drehung in Bauchlage nicht unverzüglich eingeleitet Uhrzeit der Bekanntgabe: 16:11	2010	SG Wiste		

## Jahrgang 2009

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Mia Spillner 100m: 01:19,03 (01:19,03)   200m: 02:41,79 (01:22,76)   300m: 04:15,17 (01:33,38) 400m: 05:24,39 (01:09,22)	2009	TuS Rotenburg 1861	05:24,39	508
2.	Riekje Lauf 100m: 01:16,81 (01:16,81)   200m: 02:44,37 (01:27,56)   300m: 04:27,56 (01:43,19) 400m: 05:44,60 (01:17,04)	2009	Schwimm-Club Seevetal	05:44,60	424
3.	Käte Ehlers 100m: 01:14,69 (01:14,69)   200m: 02:42,44 (01:27,75)   300m: 04:30,05 (01:47,61) 400m: 05:49,74 (01:19,69)	2009	Stader Schwimmverein	05:49,74	405
	<u>abgemeldet</u> Frederike Hillmer	2009	Schwimm-Club Seevetal		

## Jahrgang 2008

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin	Jette Saslona 100m: 01:22,66 (01:22,66)   200m: 02:53,91 (01:31,25)   300m: 04:47,51 (01:53,60) 400m: 06:14,23 (01:26,72)	2008	MTV Dannenberg 1863	06:14,23	331
2.	Emma Führer 100m: 01:25,09 (01:25,09)   200m: 03:00,31 (01:35,22)   300m: 04:52,93 (01:52,62) 400m: 06:19,46 (01:26,53)	2008	Schwimm-Club Seevetal	06:19,46	317
3.	Pabasary Malinsa Prakasha Mudiyansele 100m: 01:51,18 (01:51,18)   200m: 03:54,10 (02:02,92)   300m: 06:02,59 (02:08,49) 400m: 07:51,99 (01:49,40)	2008	SG Wiste	07:51,99	165

## Juniorinnen

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeisterin Juniorinnen	Chris-Carolin Weiß 100m: 01:15,07 (01:15,07)   200m: 02:37,50 (01:22,43)   300m: 04:15,87 (01:38,37) 400m: 05:32,81 (01:16,94)	2006	TSV Achim 1860	05:32,81	470
2.	Jenna Sophie Behrens 100m: 01:25,21 (01:25,21)   200m: 03:02,72 (01:37,51)   300m: 04:51,78 (01:49,06) 400m: 06:17,84 (01:26,06)	2007	TuS Rotenburg 1861	06:17,84	321

## Offene Wertung

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Bezirksmeisterin	Mia Spillner 100m: 01:19,03 (01:19,03)   200m: 02:41,79 (01:22,76)   300m: 04:15,17 (01:33,38) 400m: 05:24,39 (01:09,22)	2009	TuS Rotenburg 1861	05:24,39	508

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
2.	Chris-Carolin Weiß 100m: 01:15,07 (01:15,07)   200m: 02:37,50 (01:22,43)   300m: 04:15,87 (01:38,37) 400m: 05:32,81 (01:16,94)	2006	TSV Achim 1860	05:32,81	470
3.	Riekje Lauf 100m: 01:16,81 (01:16,81)   200m: 02:44,37 (01:27,56)   300m: 04:27,56 (01:43,19) 400m: 05:44,60 (01:17,04)	2009	Schwimm-Club Seevetal	05:44,60	424
4.	Käte Ehlers 100m: 01:14,69 (01:14,69)   200m: 02:42,44 (01:27,75)   300m: 04:30,05 (01:47,61) 400m: 05:49,74 (01:19,69)	2009	Stader Schwimmverein	05:49,74	405
5.	Pia Bannöhr 100m: 01:18,81 (01:18,81)   200m: 02:49,07 (01:30,26)   300m: 04:33,54 (01:44,47) 400m: 05:58,12 (01:24,58)	2005	MTV Dannenberg 1863	05:58,12	378
6.	Jette Saslona 100m: 01:22,66 (01:22,66)   200m: 02:53,91 (01:31,25)   300m: 04:47,51 (01:53,60) 400m: 06:14,23 (01:26,72)	2008	MTV Dannenberg 1863	06:14,23	331
7.	Jenna Sophie Behrens 100m: 01:25,21 (01:25,21)   200m: 03:02,72 (01:37,51)   300m: 04:51,78 (01:49,06) 400m: 06:17,84 (01:26,06)	2007	TuS Rotenburg 1861	06:17,84	321
8.	Emma Führer 100m: 01:25,09 (01:25,09)   200m: 03:00,31 (01:35,22)   300m: 04:52,93 (01:52,62) 400m: 06:19,46 (01:26,53)	2008	Schwimm-Club Seevetal	06:19,46	317
9.	Mette Theresa Lauf 100m: 01:32,15 (01:32,15)   200m: 03:07,13 (01:34,98)   300m: 05:00,50 (01:53,37) 400m: 06:21,84 (01:21,34)	2011	Schwimm-Club Seevetal	06:21,84	311
10.	Caroline Fischer 100m: 01:28,61 (01:28,61)   200m: 03:06,74 (01:38,13)   300m: 04:58,29 (01:51,55) 400m: 06:22,16 (01:23,87)	2011	MTV Dannenberg 1863	06:22,16	311
11.	Amelie Walther 100m: 01:38,27 (01:38,27)   200m: 03:20,94 (01:42,67)   300m: 05:07,64 (01:46,70) 400m: 06:36,56 (01:28,92)	2013	Schwimm-Club Seevetal	06:36,56	278
12.	Madita Koppelmann 100m: 01:38,24 (01:38,24)   200m: 03:17,14 (01:38,90)   300m: 05:10,93 (01:53,79) 400m: 06:38,42 (01:27,49)	2011	TSV Wietze	06:38,42	274
13.	Lara Gandert 100m: 01:37,80 (01:37,80)   200m: 03:17,18 (01:39,38)   300m: 05:12,99 (01:55,81) 400m: 06:46,90 (01:33,91)	2010	SG Wiste	06:46,90	257
14.	Ava Oertzen 100m: 01:39,53 (01:39,53)   200m: 03:24,16 (01:44,63)   300m: 05:19,28 (01:55,12) 400m: 06:48,38 (01:29,10)	2010	SG Wiste	06:48,38	254
15.	Ida Tiedgen 100m: 01:47,25 (01:47,25)   200m: 03:31,77 (01:44,52)   300m: 05:28,94 (01:57,17) 400m: 07:05,27 (01:36,33)	2010	Schwimm-Club Seevetal	07:05,27	225
16.	Inneke Grantz 100m: 01:46,70 (01:46,70)   200m: 03:32,31 (01:45,61)   300m: 05:37,32 (02:05,01) 400m: 07:12,07 (01:34,75)	2013	ATS Cuxhaven	07:12,07	215
17.	Saya Sterz 100m: 01:45,74 (01:45,74)   200m: 03:37,65 (01:51,91)   300m: 05:36,54 (01:58,89) 400m: 07:18,82 (01:42,28)	2013	TSV Wietze	07:18,82	205
18.	Jana Ina Bartels 100m: 01:40,75 (01:40,75)   200m: 03:33,20 (01:52,45)   300m: 05:45,75 (02:12,55) 400m: 07:37,97 (01:52,22)	2012	Schwimm-Club Seevetal	07:37,97	180
19.	Antonia Littau 100m: 01:52,52 (01:52,52)   200m: 03:49,52 (01:57,00)   300m: 05:51,22 (02:01,70) 400m: 07:39,44 (01:48,22)	2012	TSV Achim 1860	07:39,44	179
20.	Greta Kleinfeld 100m: 02:03,72 (02:03,72)   200m: 03:55,31 (01:51,59)   300m: 06:01,52 (02:06,21) 400m: 07:43,54 (01:42,02)	2014	TSV Wietze	07:43,54	174
21.	Pabasary Malinsa Prakasha Mudiyansele 100m: 01:51,18 (01:51,18)   200m: 03:54,10 (02:02,92)   300m: 06:02,59 (02:08,49) 400m: 07:51,99 (01:49,40)	2008	SG Wiste	07:51,99	165



Lüchow, den 25.01.2025

Abschnittende: 16:31 Uhr

Protokollende: 16:35 Uhr

gez. Jörg Bürger  
Schiedsrichter

gez. Stefan Sill  
Schiedsrichter

gez. Dirk Schultz  
Protokollführer